

what are my past lives

what are my past lives is a question that has intrigued humanity for centuries, inspiring exploration into the mysteries of reincarnation and the soul's journey across time. Understanding past lives involves delving into spiritual, psychological, and historical perspectives to uncover evidence or experiences that suggest previous existences. This article explores the concept of past lives, methods to discover them, and their significance in personal growth and healing. Topics such as past life regression therapy, cultural beliefs, and the science behind reincarnation are examined comprehensively to provide a well-rounded understanding. Whether approached from a metaphysical angle or a psychological one, uncovering past lives can offer insights into present behaviors and unresolved issues. The following sections will guide readers through the essential aspects of what are my past lives and how to explore this profound subject.

- The Concept of Past Lives and Reincarnation
- Methods to Discover What Are My Past Lives
- The Role of Past Lives in Personal Growth and Healing
- Cultural and Historical Perspectives on Past Lives
- Scientific Views and Skepticism about Past Lives

The Concept of Past Lives and Reincarnation

The idea of past lives centers on the belief that the soul or consciousness undergoes multiple incarnations over time. Reincarnation is a fundamental principle in many spiritual traditions, suggesting that life is cyclical rather than linear. This cycle of birth, death, and rebirth allows the soul to evolve, learn lessons, and resolve karma accumulated from previous existences. The concept implies that an individual's current life experiences, personality traits, and challenges may be influenced by events from their past lives.

Understanding Reincarnation

Reincarnation refers to the process where a soul leaves one physical body and enters another after death, continuing its journey in a new life form. Various religions and philosophies interpret reincarnation differently, but the core idea remains that the soul is immortal and undergoes multiple lifetimes. This process is often linked with the concept of karma, where actions in one life affect the circumstances of subsequent lives.

Significance of Past Lives

Past lives are considered significant because they can provide explanations for deep-seated fears, talents, or affinities that seem unexplainable in the current lifetime. They also offer a framework for understanding unresolved emotional or psychological issues. By acknowledging previous incarnations, some individuals seek to heal trauma, overcome phobias, or unlock hidden potential.

Methods to Discover What Are My Past Lives

Discovering past lives involves various techniques designed to access memories or impressions from previous incarnations. These methods range from spiritual practices to therapeutic approaches and are often used by individuals seeking deeper self-awareness or resolution of present-life challenges.

Past Life Regression Therapy

Past life regression therapy is one of the most popular methods for uncovering past lives. It involves hypnosis guided by a trained therapist to help individuals access subconscious memories that may relate to previous incarnations. During sessions, clients often recall vivid images, sensations, or narratives that suggest experiences from past lifetimes.

Meditation and Intuitive Practices

Meditation techniques, especially those focusing on deep relaxation and visualization, can facilitate spontaneous recollections or impressions of past lives. Additionally, intuitive practices such as channeling or reading akashic records—believed to be a metaphysical repository of all soul histories—are used to gain insights into previous existences.

Dream Analysis and Symbolism

Dreams sometimes contain symbolic representations or direct memories of past lives. Analyzing recurring themes, places, or characters in dreams may reveal connections to former incarnations. Keeping a dream journal and consulting with professionals skilled in dream interpretation can assist in identifying past life patterns.

Signs and Intuitive Feelings

Certain signs or feelings might indicate the presence of past life connections, including:

- Unexplained fears or phobias
- Strong affinities for specific cultures or historical periods
- Natural talents or skills without prior training

- Déjà vu experiences

The Role of Past Lives in Personal Growth and Healing

Understanding past lives can be a valuable tool for personal development and emotional healing. Insights gained from exploring previous incarnations often help individuals address unresolved issues and foster greater self-awareness.

Healing Emotional and Psychological Wounds

Many practitioners believe that certain emotional or psychological wounds originate from past life experiences. By identifying and processing these memories, individuals may release karmic burdens, reduce anxiety, and overcome limiting beliefs formed in former lives.

Enhancing Self-Understanding and Purpose

Exploring past lives can illuminate life patterns, recurring challenges, and innate talents. This knowledge enables people to live more consciously, make informed decisions, and pursue their life purpose with greater clarity and confidence.

Spiritual Growth and Karma Resolution

From a spiritual perspective, past life exploration supports the resolution of karma—actions and consequences carried from previous lives. This process aids in the soul's evolution, promoting forgiveness, compassion, and higher consciousness.

Cultural and Historical Perspectives on Past Lives

Beliefs about past lives and reincarnation are deeply rooted in many cultures and religions throughout history. These perspectives shape how individuals and societies understand the soul's journey and the continuity of life.

Reincarnation in Eastern Religions

Hinduism, Buddhism, Jainism, and Sikhism extensively teach reincarnation as a core doctrine. These religions emphasize the cycle of samsara and the importance of karma in determining the circumstances of rebirth. Liberation from this cycle, known as moksha or nirvana, is the ultimate spiritual goal.

Western Philosophical and Esoteric Traditions

Although less prominent in mainstream Western religions, ideas of past lives and reincarnation appear in ancient Greek philosophy, Gnosticism, Theosophy, and modern New Age spirituality. These traditions explore soul transmigration and emphasize spiritual growth through multiple lifetimes.

Folklore and Historical Accounts

Various cultures have stories and folklore about individuals remembering past lives or exhibiting behaviors linked to previous incarnations. Documented cases of children recalling specific past life details have been reported worldwide, adding to the cultural fascination with the concept.

Scientific Views and Skepticism about Past Lives

The scientific community generally approaches the concept of past lives with skepticism due to the lack of empirical evidence. However, some researchers investigate claims related to reincarnation within the fields of psychology and parapsychology.

Research on Past Life Memories

Studies conducted by researchers such as Dr. Ian Stevenson have documented cases of children recalling past life details that were later verified. While intriguing, these cases remain controversial and are often challenged on methodological grounds.

Psychological Explanations

Psychologists offer alternative explanations for past life memories, including cryptomnesia (forgotten memories resurfacing), fantasy proneness, and confabulation. Hypnosis and suggestion during regression therapy might also create false memories rather than uncover authentic past lives.

Scientific Challenges

The main scientific challenge lies in the reproducibility and verification of past life claims. The subjective nature of memories and the influence of cultural beliefs complicate objective study, leaving past life research largely outside mainstream science.

Frequently Asked Questions

What are past lives and how can I discover them?

Past lives refer to the concept that a person's soul has lived previous existences before their current life. You can discover insights about your past lives through methods such as past life regression

therapy, meditation, or exploring dreams and intuitive feelings.

Can past lives influence my current personality and behavior?

Many believe that past lives can impact your present life by influencing your personality traits, fears, talents, and emotional patterns. Unresolved issues from past lives might manifest as recurring challenges or unexplained affinities in this life.

Is there scientific evidence supporting the existence of past lives?

While there is no conclusive scientific proof of past lives, some researchers have documented cases of children recalling memories of previous lives. However, the concept largely remains within spiritual, religious, and metaphysical beliefs.

How does past life regression therapy work?

Past life regression therapy typically involves guided hypnosis or deep meditation to help individuals access memories or impressions from their past lives. The therapist guides the person to explore these memories to gain insights and resolve current life issues.

Can understanding my past lives help me heal emotionally or spiritually?

Yes, many people find that exploring their past lives helps them understand unresolved emotions, break negative patterns, and achieve spiritual growth. It can bring clarity, forgiveness, and a sense of purpose in their current life.

Additional Resources

1. *Many Lives, Many Masters* by Brian L. Weiss

This groundbreaking book explores the concept of past lives through the experiences of a psychiatrist and his patient. Dr. Weiss recounts how hypnosis sessions led to remarkable revelations about the patient's previous incarnations, which in turn facilitated profound healing. The book combines elements of psychology, spirituality, and reincarnation, making it a compelling read for those curious about their own past lives.

2. *Journey of Souls: Case Studies of Life Between Lives* by Michael Newton

Michael Newton presents detailed case studies of patients who, under hypnosis, recall their experiences between lives. These sessions reveal insights into the soul's journey, purpose, and the process of reincarnation. This book offers a unique perspective on what happens after death and before rebirth, appealing to readers interested in the continuity of the soul.

3. *The Search for Past Lives* by James G. Hurtak and Pamela Weintraub

This book delves into the scientific and spiritual aspects of past life exploration. It combines modern research with ancient wisdom to examine how past lives influence present-day behavior and relationships. The authors provide practical methods for uncovering past life memories and understanding their significance.

4. *Past Lives: An Introduction to the Science of Reincarnation* by Roger Woolger

Roger Woolger, a clinical psychologist, shares his experiences using regression therapy to help patients recall past lives. The book explains the therapeutic benefits of past life exploration and offers case histories that demonstrate how uncovering past traumas can lead to healing. It is both an informative and practical guide for those interested in reincarnation therapy.

5. *Destiny of Souls: New Case Studies of Life Between Lives* by Michael Newton

A sequel to "Journey of Souls," this book presents additional hypnotic case studies that explore the soul's experiences in the afterlife and between incarnations. Newton offers deeper insights into soul groups, spiritual guides, and the process of choosing future lives. This book enhances understanding of the soul's journey and purpose.

6. *Reincarnation and Biology: A Contribution to the Etiology of Birthmarks and Birth Defects* by Ian Stevenson

Ian Stevenson investigates physical evidence of past lives through the study of birthmarks and birth defects. Drawing from numerous cases worldwide, he presents compelling data suggesting that some physical traits may be linked to experiences in previous lives. This scientific approach offers a fascinating angle on the reality of reincarnation.

7. *Many Lives, Many Masters Workbook* by Brian L. Weiss

Designed as a companion to the original book, this workbook provides exercises and meditations to help readers explore their own past lives. It offers practical guidance for self-reflection and spiritual growth through past life exploration. This interactive resource is ideal for those wanting to deepen their understanding of reincarnation.

8. *The Book of Life: An Illustrated History of the Evolution of Life on Earth* by Stephen Jay Gould

While not directly about past lives, this book provides an extensive overview of life's evolution, helping readers understand the broader context of existence and the continuity of life forms. It encourages reflection on the interconnectedness of all living beings through time, which can be relevant to concepts of reincarnation and soul journeys.

9. *Reincarnation: The Phoenix Fire Mystery* by Joseph Head and Sylvia Cranston

This comprehensive text examines reincarnation from historical, religious, and scientific perspectives. It traces the idea of rebirth across cultures and epochs, exploring its significance and implications. The authors also discuss modern research and personal testimonies, making it a thorough resource for anyone investigating their past lives.

What Are My Past Lives

Find other PDF articles:

<https://ns2.kelisto.es/gacor1-22/pdf?docid=kgu63-7683&title=one-of-us-is-lying-cast-season-2.pdf>

what are my past lives: Discovering Your Past Lives Gloria Chadwick, 1988-09-22 Describes how to recognize past-life memories as they arise from the subconscious mind. --Fate magazine.

what are my past lives: Discover your Past Lives: a Journey of Self-Knowledge Isis Estrada, Have you ever wondered who you were in your past lives? What experiences you lived

through, what people you met, what talents you developed, what lessons you learned? Would you like to explore your past and discover how it influences your present and your future? If the answer is yes, then this book is for you. *Discover Your Past Lives: A Journey of Self-Knowledge* is a book written by Isis Estrada, a renowned past life therapist and Akashic records teacher. In this book, Isis guides you step by step through the process of self-exploration of your past lives, from the basics of reincarnation to techniques of regression, meditation, and self-hypnosis. Furthermore, she teaches you how to heal through past life therapy, how to overcome blocks and fears, how to identify themes and patterns across your previous lives, how to recognize karmic connections with others, how to awaken your innate gifts inherited from the past, how to explore diverse past lives and cultures, how to glimpse your future life, and how to integrate the awareness of the soul's immortality. This book is not just a theoretical work but also an invitation to practice. Each chapter contains exercises, guided meditations, and reflection questions that will help you delve deeper into the study of your past lives. Lastly, the book includes Isis's personal experience during the exploration of the period between lives, as well as her vision of collective healing. *Discover Your Past Lives: A Journey of Self-Knowledge* is a book that will open the doors to a fascinating and revealing world. A book that will make you see your life through different eyes, with more understanding, forgiveness, and self-compassion. A book that will inspire you to embrace the tapestry of your past stories and live your present with more fullness and purpose. This book follows a course format and is accredited by The International Guild of Complementary Therapists (IGCT) in England. Anyone who has completed the book can request their completion diploma.

what are my past lives: *Real People, Real Past Lives* David Wells, 2025-08-05 Remember who you were and rediscover who you are, with inspiring true stories from a master of past-life regression Have you ever felt an inexplicable connection to a place, person, or fear? What if the answers to your present challenges lie in the echoes of your past lives? In *Real People, Real Past Lives*, renowned psychic and regression expert David Wells invites you on a transformative journey through the real-life stories of people who explored their past-life memories and uncovered powerful truths. Through these compelling case studies, you'll witness how revisiting past lives can lead to emotional healing, clarity, and deep personal growth. With compassion and clarity, David demystifies the process of past-life regression, offering accessible tools and techniques that empower you to begin your own soul-level exploration. Whether you're navigating relationship patterns, unexplained fears, or a longing for deeper meaning, this book helps you discover how your past-life experiences may be shaping your present. In *Real People, Real Past Lives*, you'll discover how to:

- Recognize and release past-life influences affecting your current life
- Heal emotional and physical challenges rooted in previous incarnations
- Understand soul connections and recurring relationships across lifetimes
- Access the Akashic Records for spiritual insight and clarity
- Use guided meditations to begin your own past-life regression journey

Let these true stories of ordinary people—just like you—inspire your own path of self-discovery. Your soul holds the map. It's time to remember. Are you ready to remember?

what are my past lives: *The Complete Idiot's Guide to Past Life Regression* Michael Hathaway, 2003-09-02 A guide to the mysteries of your past . . . In this fascinating book, a board-certified past life regression therapist goes beyond reincarnation and karma to reveal everything people want to know about the ins and outs of this phenomena. This book covers:

- Whether past life regression is for real
- What to expect from hypnosis
- Whether children are closer to their past lives than adults
- How knowledge of past lives can help resolve issues and improve the present

what are my past lives: *The Princess I Loved in My Past Life is Now a Middle-Aged Dad Vol. 1* Wasa Sagiri, 2025-09-02 Once upon a time, a princess and knight loved each other very much but they never tied the knot. The two vowed to find each other in their next lives. Bartholomew the knight has been reborn as a high school student named Haruto and has spent his whole life searching for Princess Claudia. But when he finally finds his princess, she's a fifty-something high school vice principal and a father! But this knight loves his princess in any form. On the other hand, Claudia is self-conscious about now being a middle aged man with a dad bod and how others might

perceive a relationship with a younger man. The princess just isn't ready to accept Bartholomew's feelings yet. Can the young knight win over his fated love?

what are my past lives: *Past Lives for Beginners* Douglas De Long, 2013-06-08 Learn simple ways to uncover your past lives and create a better present Explore your previous lifetimes, embrace your wondrous history, and recognize that you, as a human soul, are eternal. Once you discover your past lives, you can change the present in positive ways and ultimately create a better future. *Past Lives for Beginners* is a detailed and approachable introduction to understanding reincarnation and how it impacts your present life. Using fascinating case studies, author Douglas De Long describes different types of past-life recall experiences and shares his favored techniques to gain access to those memories, including meditations and visualizations. This guide provides a wealth of exercises and resources for understanding past lives, allowing you to explore spiritual growth and your own immortality. Connect with spirit guides and religious figures Learn to forgive past-life transgressions Discover future lives and how to work toward smooth life transitions Enhance your psychic and spiritual gifts with hands-on techniques

what are my past lives: *Past Lives* Peter Fenwick, Elizabeth Fenwick, 2001-07-01 For centuries, the existence of reincarnation has been a firmly held belief of millions that crosses races, religions, and cultures. In *Past Lives*, Dr. Peter Fenwick and Elizabeth Fenwick examine this extraordinary phenomenon by attempting to determine whether people are experiencing actual memories, or thoughts and ideas based on imagination. Featuring more than 100 firsthand accounts from those who believe they can recall their previous existences, this insightful exploration of reincarnation may change the way you think—and challenge your views of life itself. • A World War II veteran relives the moment of his death—in the cockpit of a bi-plane during the first World War. • A hypnotized woman starts speaking with an Irish brogue about her life in Ireland although she's never visited there. • While vacationing in Egypt, a woman correctly describes a temple she was once worshipped in—without ever having been inside.

what are my past lives: *Past Lives* Chantal Bellehumeur, 2016-10-06 Have you ever had a dream that is so vivid that it feels real; so real, that when you wake up from that dream you're confused about your surroundings and wonder what's going on? Shortly after being jolted awake and orienting herself, the dreams (more like nightmares most of the time) always start to feel like faint memories to Sandra; not a memory of the dreams themselves, but of her own life. The dreams all being set in different time periods when she wasn't even born yet, Sandra wonders if they could be memories of her past lives. Travel through many dark times of England, from the medieval era to Victorian days, as well as Canada during both World Wars. In this fictional story, you will learn a bit of history along with the different human and ghost lives Sandra is sure she had.

what are my past lives: *Past Life Regression* Mary Lee LaBay, 2004-12-10 The quest for self-knowledge and awareness has gained increasing popularity over the past several decades, with an explosion of beliefs and methodologies. Central to these practices is the exploration of past lives. From the curious layperson to the traditional doctor of medicine, people are employing various techniques in an effort to facilitate this experience. Certified hypnotherapy instructor Mary Lee LaBay has written *Past Life Regression: A Guide for Practitioners* as a comprehensive text for beginning as well as veteran therapists. Ms. LaBay covers both basic and advanced techniques in a philosophical context, to help practitioners generate maximum healing and change during the past life session. Through case studies and concise instructions, the author demonstrates practical and elegant uses of these techniques that allow the client to discover life purpose, aspects of their relationships, roots of disease, addiction, and phobias, as well as a wide range of other life issues.

what are my past lives: *Past Lives, Present Miracles* Denise Linn, 2008-03-01 The best-selling author of *If I Can Forgive, So Can You* Miracles can occur in your life, easily and effortlessly. It's simply a matter of remembering who you are—and to do this it's necessary to clear the blockages that stand between you and your soul. Almost all of these obstacles have their roots in your distant past, so it's valuable to travel back in time to release them. However, most of us are so caught up in limiting beliefs about who we are that it's almost impossible to take that journey. In this

book, you'll learn how to travel back to your previous incarnations to release buried obstructions so you can create the miracles in your life that you deserve! It's safe, easy, and fun . . . and anyone can do it! You'll learn how to: · discover your past lives without ever doing a regression · remove limitations regarding your relationships, abundance, and health that came from your past lives · uncover the symptoms of past-life traumas and how to clear them, even if you don't believe in reincarnation · understand the roles that loved ones played in your previous incarnations · find your personal guides, spirit guardians, and angels and receive their help ... and much, much more!

what are my past lives: Past Life Dreamwork Sabine Lucas, 2008-04-18 The first book to approach reincarnation from the perspective of dreams • Identifies soul bloodlines, the key to past life therapies • Combines the author's own experiences with case studies and dreamwork with empirical research • Reveals how the analyst and client are often karmically linked In *Past Life Dreamwork*, Sabine Lucas examines "soul bloodlines"—character traits, talents, and life issues that are the common elements and circumstances of successive past lives. Threaded through our dreams, these bloodlines reveal the forces manifesting in this life, and, taken together, they shape individuality as well as destiny within the reincarnation cycle. Though a wealth of past life related material regularly surfaces in dreams, until now dreamwork has been largely ignored as a therapy for successfully integrating past life experiences. Using the results of 27 years of personal and professional work, Lucas explains that past life memories help us work out karma on the macro level and trauma on a micro level. She distinguishes three types of past life dreams--classic, informatory, and hybrid--and demonstrates how to distinguish these from other dreams. Her dramatic case studies illustrate the effectiveness of dream therapy in recognizing and integrating the resonant and recurrent circumstances and ethical dilemmas that are played out in the subconscious mind. These psychologically revealing stories bear witness to how individuals are made whole through the integration of common strands of forgotten or repressed past lives. Lucas shows that the integration of past lives enriches the conscious self and also promotes universal tolerance through an understanding of the patterns of our psychic soul inheritance.

what are my past lives: Christians Remember Your Past Lives Learn How Douglas Casimiri, 2013-07-23 This book teaches you how to become a Certified Past life Regression Facilitator. Where your interest is for fun, self improvement, a new career or practice, you will find the information contained in this book fascinating and life changing. Who were you in your past life? What personality traits did you bring forward into this lifetime? Christians will especially find this book fascinating, as it allows them to follow Jesus and his belief in reincarnation. Did you know? Reincarnation was part of the early Christian belief system for almost 300 years, until the Church removed reincarnation from the Bible, then eliminated anyone who didn't follow this strict, revised doctrine, as set forth by the Church. Interesting note, some Biblical scholars believe that Jesus is the reincarnate of Buddha, who was the reincarnate of Krishna. Backed up with indisputable historical assumptions. A must read for anyone who strives for the truth about Christianity's original teachings.

what are my past lives: Portrait of a Past-Life Skeptic Robert L. Snow, 2015-11-08 A veteran police detective, Robert Snow was devoted to evidence and hard facts—he had never given any thought to reincarnation. But during a hypnotic regression, he experiences a vivid awareness of being alive in three separate historical scenes. Remaining skeptical, Snow begins to investigate with the intention of disproving reincarnation. Instead, diligent research and corroboration from multiple sources reveal solid evidence that he lived a former life as Carroll Beckwith, a nineteenth-century American artist. *Portrait of a Past Life Skeptic* tells the fascinating story of Robert Snow's transformation from skeptic to believer.

what are my past lives: My Journey Down the Reincarnation Highway Frank Mares, 2012-11 In this personal account, one man details how he discovered the fact of reincarnation and explores what he did in his prior lives. More people than you would believe have prior life memories. In his new spiritual memoir *My Journey down the Reincarnation Highway: The True Story of a Man who found nine of His Past Lives* author and businessman Frank Mares tells how he acquired psychic ability in his middle age. With this new gift, he recovered facts about nine of his prior lives,

most of which involved violent, bloody deaths. The most recent life was that of a young German Wehrmacht sergeant who was ambushed and killed by Russians during the night of May 1, 1944 in a dark Estonian farmhouse. Not being satisfied with just discovering his past lives, Mares goes on a spiritual mission to find out why he kept dying violently. The answers do not come easily, but by using a team of three world class psychics he eventually tracks down the shocking reason for all his brutal deaths. The psychic team finds that within the soul of this normal small businessman resides a brutal, stone cold killer from the 1600's who surprisingly was the revered founder of a gentile noble family. As part of his soul's continuing quest for redemption, Mares hopes to salvage the dark time in his soul's past into something that could help others today. His experiences show that death is only a transition phase, and that it should not be feared. His book also reveals that reincarnation is actually a well designed, organized system that allows souls to learn personalized life lessons over a surprising number of lives. If you read this book, you will never look at life (and death) in the same way again.

what are my past lives: *The Reluctant Heretic* Rev. Lucifer VanDevender, 2021-06-07 The Reluctant Heretic is a work of nonfiction. It is not theoretical or speculative. I do express opinions and evaluations based on my own research, study, and experience. In those cases you should consider them opinions I believe to be factual. I have taken very little poetic license whilst writing this book. The Reluctant Heretic is a distillation of the wisdom and knowledge I've gained over a lifetime. It is applied spiritual philosophy. It is what I use in my everyday life to be happier, more successful, and improve my relationship with others. I believe you'll find the information in this book interesting and helpful. Life is a Journey, not a destination. Enjoy the ride. Love, Lucifer

what are my past lives: *A Life Among Others* Adeline Morizot-Delahaye, 2016-12-16 After graduating in Finances in a Business School in Paris, I worked in a large company until 2015. At the end of 2014, a divine intervention reconnected me to the invisible world. Since then, I get to access my past lives and the invisible world thanks to signs and intuition. In this book, I share what I learned while discovering a wonderful and magic world, which is ours. My past lives as famous figures from our history help me understand that, if we pay attention to signs, our lives are intimately linked to others. Moreover, we live in a world perfectly arranged, we are guided by beings from the invisible world. We all have access to that. We hold treasures within us.

what are my past lives: *Children's Past Lives* Carol Bowman, 2012-02-01 Has your child lived before? In this fascinating, controversial, and groundbreaking book, Carol Bowman reveals overwhelming evidence of past life memories in children. Not only are such experiences real, they are far more common than most people realize. Bowman's extraordinary investigation was sparked when her young son, Chase, described his own past-life death on a Civil War battlefield--an account so accurate it was authenticated by an expert historian. Even more astonishing, Chase's chronic eczema and phobia of loud noises completely disappeared after he had the memory. Inspired by Chase's dramatic healing, Bowman compiled dozens of cases and wrote this comprehensive study to explain how very young children remember their past lives, spontaneously and naturally. In *Children's Past Lives*, she tells how to distinguish between a true past life memory and a fantasy, offers practical advice to parents on how to respond to a past life memory, and shows how to foster the spiritual and healing benefits of these experiences. Perhaps the most moving, convincing, and best-documented evidence yet for life after death, *Children's Past Lives* will stand alongside the classics of Betty J. Eadie, Raymond Moody, and Brian Weiss in its power to comfort, uplift, and transform our thinking about life after death

what are my past lives: *Past Lives, Present Stories* Judith Marshall, 2014-10-08 Discover how flashes from past lives can appear as signs and synchronicities, childhood impressions, dreams and memories, even spontaneous shifts in consciousness or time. Providing time-tested exercises, *Past Lives, Present Stories* shows how to explore your past lives and use the lessons you've learned to flourish in your present incarnation. Join author Judith Marshall as she takes you through the full range of techniques for exploring your past lives and piecing together information to help you on your path. Providing examples of her own glimpses into her past lives, Judith illustrates how

illuminating and healing past-life discovery can be.

what are my past lives: A Theory of Reincarnation Robin Sacredfire, 2014-09-02 Discover the Hidden Mysteries of Reincarnation and Karma Are you curious about the secrets of past lives and how they shape our present existence? In *A Theory of Reincarnation: How is Karma Related to Reincarnation and How to Remember Past Lives*, author Robin Sacredfire delves into the fascinating world of karma and reincarnation, shedding light on the profound connection between our past and present lives. In this captivating book, Robin Sacredfire takes readers on a journey to uncover the hidden truths about our previous incarnations. Drawing on scientific evidence and spiritual insights, he reveals how our past lives intricately intertwine with our karmic experiences, suppressed talents, fears, and even our dreams and ambitions. Unlock your true potential as Robin Sacredfire explores how some of us manifest exceptional skills and abilities from a young age, surpassing what most people achieve with training and development. This unique perspective challenges the conventional notions of talent and provides a new understanding of how our previous existences shape our current capabilities. But it's not just about delving into past lives; it's about rediscovering what we inherently knew. Our difficulties, passions, needs, attributes, values, and relationships all trace back to a lineage of existences on Earth and beyond. As we embark on this path of self-discovery, we come to realize that it's not just about who we were but also about who we are today and how our past lives have shaped us. Robin Sacredfire guides readers through the intricacies of achieving a higher consciousness of our spirituality, showing how we can leverage the knowledge of our past lives to make significant changes in the present. By understanding, changing, and learning to control our karma and reincarnations, we can create a future that benefits us greatly, starting with our actions in this very life. This book isn't just a theory; it's a personal journey. Robin Sacredfire shares their remarkable story of unlocking their past lives, accepting them, and discovering hidden talents and skills that they never knew they possessed. Through this candid account, readers gain insight into how they too can embark on a similar journey, connecting the dots between people and experiences encountered throughout their existence. In *A Theory of Reincarnation*, Robin Sacredfire presents a clear and direct approach to this mystical subject, offering a wealth of information rarely found elsewhere. By enlightening and stimulating our understanding of reincarnation and karma, Robin Sacredfire motivates us to embrace a more uplifting and spiritually fulfilling life. Discover the profound connections between your past and present. Uncover hidden talents and secrets from previous lives. Take control of your karma and transform your present and future. Embark on a journey of self-discovery and spiritual growth. Buy *A Theory of Reincarnation: How is Karma Related to Reincarnation and How to Remember Past Lives* now and unlock the power of your past!

what are my past lives: The Pearl of Great Price Orest Stocco, 2015-03-05 Stories bear the truth of the human condition, and the human condition is the story of our becoming; but not until we solve the riddle of our becoming will literature resolve the issue of the human condition. This makes literature endlessly fascinating, because every writer speaks to their place in the enantiodromic process of man's becoming, which Jung called individuation, and in their stories they stake out the geography of man's soul-whether it be the happy country of one's being, the unhappy country of one's non-being, or that miserable place of being stuck between two countries-the no-man's land of one's soul. Chapter 18: The Dust on a Butterfly's Wings

Related to what are my past lives

2025-26 Rankings - MYHockey USA Tier 1 District Listings Atlantic - 14U & 13U Central - 14U & 13U Massachusetts - 14U & 13U Michigan - 14U & 13U Mid-Am - 14U & 13U Minnesota - 14U & 13U New England - 14U & 13U

2025-26 Rankings - MYHockey M-N Team Listings Kentucky Louisiana Maine Maryland Massachusetts Michigan Minnesota Mississippi Missouri Montana Nebraska Nevada New Hampshire New Jersey New Mexico

2025-26 Rankings - MYHockey 2025-26 season team ratings and rankings will be released starting on Wednesday, September 24, 2025. Prior to the rankings being released, you can find pre-

season team listings and

2024-25 Team Ratings and Rankings are Live! - MYHockey The moment we've all been waiting for is finally here! MYHockey Rankings is excited to release the first rankings of the 2024-25 season. The Week #1 rankings update

2025-26 Rankings - MYHockey USA Districts 14U Atlantic District 14U All Central District 14U All Massachusetts District 14U All Michigan District 14U All Mid-Am District 14U All Minnesota District 14U All New England

2024-25 Final Rankings - MYHockey MYHockey Final Rankings for the 2024-25 season are now available. We ended this season with over 484k game scores. Which is the most scores ever recorded in MHR for

2025-26 Rankings - MYHockey A-K Team Listings Alabama Alaska Arizona Arkansas California Colorado (All) CO 10U AA CO 10U A CO 10U B Connecticut Delaware Florida Georgia Idaho Illinois Indiana Iowa Kansas

Association Rankings - MYHockey The 2025-26 MYHockey Association Rankings will be released Wednesday, October 22, 2025. Prior to this release, you can find last season's rankings below

Wisconsin Amateur Hockey Association - League Information Altoona Railroaders (Altoona, WI) Amery Warriors (Amery, WI) Antigo Red Robins (Antigo, WI) Appleton Avalanche (Appleton, WI) Arrowhead Hawks (Hartland, WI) Ashland Oredockers

Thinking about moving my family back to NJ. - My background includes African-American, Puerto Rican, and Cuban heritage. I prefer urban or suburban settings with an affordable cost of living,

Back to Home: <https://ns2.kelisto.es>