

strong willed children meaning

strong willed children meaning refers to the defining characteristics and behavioral traits of children who exhibit determination, persistence, and a firm sense of independence from an early age. These children are often perceived as headstrong or stubborn, but their strong-willed nature can be a powerful asset when properly understood and guided. This article explores the meaning of strong-willed children, the traits that distinguish them, the challenges and opportunities they present for parents and educators, and effective strategies for nurturing their potential. Understanding the psychological and developmental aspects of strong-willed children can help caregivers foster a positive environment that supports healthy emotional and social growth. The discussion will also cover common misconceptions and offer practical advice for managing behaviors associated with strong-willed personalities.

- Defining Strong Willed Children
- Common Traits of Strong Willed Children
- Challenges in Parenting Strong Willed Children
- Benefits of Having a Strong Willed Child
- Effective Parenting Strategies
- Supporting Strong Willed Children in Educational Settings
- Common Misconceptions and Myths

Defining Strong Willed Children

Strong willed children meaning involves understanding these children as individuals with a distinct temperament marked by resilience, assertiveness, and a desire for autonomy. Typically, these children demonstrate a clear preference for making their own choices and expressing their opinions firmly, even at a young age. The term "strong-willed" is used to describe a personality style rather than a behavioral problem, emphasizing the child's determination and emotional intensity. Recognizing the difference between willfulness and defiance is crucial, as strong-willed children often challenge authority not out of rebellion but due to their inherent need for control and self-expression.

Psychological Foundations

From a psychological perspective, strong-willed behavior is often linked to temperament, a biologically based tendency to respond to the environment in

certain ways. Children with a strong will typically have high levels of persistence and are less likely to give up when faced with obstacles. This temperament can manifest as a powerful drive to assert individuality and personal preferences, which may sometimes clash with external expectations but also fosters leadership qualities and problem-solving skills.

Distinguishing Strong Will from Behavioral Issues

It is important to differentiate between a strong-willed child and one exhibiting behavioral disorders. Strong will is a natural and healthy personality trait, whereas behavioral issues require professional attention. Strong-willed children may resist commands or requests due to their need for autonomy, but they usually respond well to respectful communication and consistent boundaries.

Common Traits of Strong Willed Children

Understanding the specific traits associated with strong-willed children helps caregivers and educators identify and appropriately respond to their unique needs. These traits encompass emotional, cognitive, and social aspects of development, reflecting the overall personality style of these children.

Key Characteristics

- **Persistence:** Strong-willed children often show remarkable determination to complete tasks or achieve goals despite difficulties.
- **Independence:** They prefer to make their own choices and resist external control or pressure.
- **Assertiveness:** These children communicate their needs and opinions confidently and clearly.
- **High Energy Levels:** Many strong-willed children are physically and mentally active, requiring outlets for their energy.
- **Strong Emotions:** They may experience emotions intensely and express them openly.
- **Curiosity:** An innate desire to explore and understand their environment is common.
- **Leadership Qualities:** Their confidence and decisiveness often position them as natural leaders among peers.

Challenges in Parenting Strong Willed Children

While strong-willed children possess many positive attributes, their behavior can pose specific challenges for parents and caregivers. Managing these challenges effectively requires understanding, patience, and tailored strategies that respect the child's temperament.

Common Parenting Difficulties

- **Resistance to Authority:** These children may frequently challenge rules and instructions, making discipline more complex.
- **Power Struggles:** Conflicts can escalate when both child and parent insist on having control.
- **Emotional Outbursts:** Strong emotions can lead to tantrums or intense reactions that are difficult to manage.
- **Frustration for Parents:** Caregivers may feel overwhelmed or discouraged when typical parenting techniques are ineffective.
- **Difficulty with Change:** Many strong-willed children struggle with transitions or unexpected demands.

Benefits of Having a Strong Willed Child

Despite the challenges, having a strong-willed child comes with significant advantages that can lead to long-term success and fulfillment. Recognizing these benefits helps reframe the perception of strong will from a problem to a strength.

Positive Outcomes

- **Resilience:** Strong-willed children often develop the ability to overcome setbacks and persist in the face of adversity.
- **Self-Motivation:** Their internal drive promotes independence and initiative in learning and personal growth.
- **Leadership Potential:** These children frequently display qualities that enable them to lead and inspire others.
- **Strong Sense of Identity:** They tend to develop a clear understanding of their values and preferences.
- **Problem-Solving Skills:** Their determination encourages creative approaches to challenges.

Effective Parenting Strategies

Adopting parenting techniques that align with the needs of strong-willed children can transform potential conflicts into opportunities for growth and mutual respect. The following strategies emphasize structure, empathy, and collaboration.

Key Approaches

1. **Consistent Boundaries:** Establish clear rules and consequences to provide a predictable environment.
2. **Positive Reinforcement:** Encourage desired behaviors through praise and rewards.
3. **Choice Offering:** Allow children to make age-appropriate decisions to satisfy their need for autonomy.
4. **Active Listening:** Validate their feelings and perspectives to build trust and understanding.
5. **Modeling Behavior:** Demonstrate calmness and problem-solving to guide emotional regulation.
6. **Collaborative Problem Solving:** Involve children in finding solutions to conflicts or challenges.
7. **Patience and Flexibility:** Adjust expectations and strategies as needed to accommodate the child's temperament.

Supporting Strong Willed Children in Educational Settings

Educators play a critical role in nurturing strong-willed children by creating supportive and engaging learning environments. Understanding their unique needs helps promote academic success and positive social interactions.

Classroom Strategies

- **Structured Routine:** Providing a consistent schedule reduces anxiety related to unpredictability.
- **Opportunities for Leadership:** Assigning roles or responsibilities satisfies their desire for control and recognition.
- **Encouraging Independence:** Facilitating self-directed learning fosters

motivation and confidence.

- **Clear Expectations:** Explicitly communicating rules and consequences helps minimize conflicts.
- **Positive Behavior Supports:** Reward systems and constructive feedback reinforce appropriate behavior.
- **Conflict Resolution Skills:** Teaching techniques for managing disagreements promotes social competence.

Common Misconceptions and Myths

Misunderstandings about strong-willed children can lead to negative labeling and ineffective responses. Addressing these misconceptions is important for fostering empathy and appropriate support.

Myth vs. Reality

- **Myth:** Strong-willed children are simply “disobedient.”
Reality: Their behavior stems from a need for autonomy and self-expression, not intentional defiance.
- **Myth:** They require harsh discipline to behave properly.
Reality: Consistent, respectful boundaries are more effective than punitive measures.
- **Myth:** Strong will is a negative trait.
Reality: It is a valuable characteristic that can lead to success when nurtured.
- **Myth:** These children are difficult to love or connect with.
Reality: They often form deep, loyal relationships when understood and supported.
- **Myth:** Strong-willed children will outgrow their behavior.
Reality: Their temperament is stable, but with guidance, they learn to channel their will constructively.

Frequently Asked Questions

What does 'strong willed children' mean?

Strong willed children are those who exhibit determination, persistence, and

a desire to have control over their environment. They often assert their opinions and resist authority or instructions.

How can I identify if my child is strong willed?

You can identify a strong willed child if they frequently insist on doing things their own way, show resistance to rules, have a strong sense of independence, and are determined to express their opinions.

Are strong willed children difficult to parent?

Strong willed children can be challenging to parent due to their persistence and resistance to authority, but with consistent boundaries, patience, and positive communication, they can thrive and develop into confident adults.

What are the positive traits of strong willed children?

Positive traits include resilience, leadership, creativity, problem-solving skills, and a strong sense of self. Their determination can help them achieve goals and overcome obstacles.

How should parents discipline strong willed children?

Discipline should be consistent, respectful, and involve clear boundaries. Using positive reinforcement, offering choices, and explaining reasons behind rules helps strong willed children understand expectations without feeling controlled.

Can strong willed children become successful adults?

Yes, strong willed children often become successful adults because their determination and confidence can drive them to achieve personal and professional goals.

What strategies help manage strong willed behavior in children?

Effective strategies include active listening, providing limited choices, maintaining routines, staying calm during conflicts, and encouraging problem-solving skills.

Is being strong willed linked to any psychological traits or disorders?

Being strong willed is a personality trait and not a disorder. However, if a

child's behavior is extreme or affects their functioning, consulting a professional can help rule out underlying conditions.

Additional Resources

1. *"The Strong-Willed Child: Birth Through Adolescence"* by Dr. James Dobson
This classic book offers practical advice for parents dealing with strong-willed children. Dr. Dobson provides strategies for understanding the unique temperament of these children and guiding them with firmness and love. The book emphasizes discipline balanced with empathy, helping parents foster respect and cooperation.

2. *"Raising Your Spirited Child"* by Mary Sheedy Kurcinka
Kurcinka's book focuses on children with intense, sensitive, and energetic personalities often labeled as strong-willed. It offers insights into their behavior and provides parents with tools to nurture their child's strengths while managing challenges. The author encourages embracing the child's spirited nature instead of trying to suppress it.

3. *"No-Drama Discipline"* by Daniel J. Siegel and Tina Payne Bryson
While not exclusively about strong-willed children, this book presents effective discipline strategies rooted in neuroscience. It helps parents understand the child's brain development and respond to challenging behavior with calmness and connection. The methods support strong-willed children by promoting emotional regulation and cooperation.

4. *"The Explosive Child"* by Ross W. Greene
This book addresses children who react strongly and often seem out of control, which can describe many strong-willed kids. Greene introduces Collaborative & Proactive Solutions (CPS), a method for resolving conflicts through understanding and problem-solving rather than punishment. It's especially helpful for parents seeking practical approaches to intense behaviors.

5. *"How to Talk So Kids Will Listen & Listen So Kids Will Talk"* by Adele Faber and Elaine Mazlish
A communication classic, this book equips parents to better connect with their children, including those who are strong-willed. It offers techniques to encourage cooperation and reduce power struggles by fostering respectful dialogue. The practical advice helps parents navigate daily challenges with patience and clarity.

6. *"Strong-Willed Children, Revised and Updated: Birth Through Adolescence"* by Dr. James Dobson
An updated edition of Dobson's foundational work, this book incorporates new research and modern parenting challenges. It continues to guide parents through understanding and managing strong-willed behavior with faith-based principles. The revision includes contemporary examples and expanded advice for today's families.

7. *"Parenting the Strong-Willed Child: The Clinically Proven Five-Week Program for Parents of Two- to Six-Year-Olds"* by Rex Forehand and Nicholas Long

This book offers a structured, evidence-based program to help parents manage the challenges of strong-willed young children. It includes step-by-step guidance, worksheets, and practical exercises designed to improve behavior and parent-child relationships. The approach emphasizes consistency and positive reinforcement.

8. *"The Whole-Brain Child"* by Daniel J. Siegel and Tina Payne Bryson

This book explains how children's brains develop and how parents can use this knowledge to nurture healthy emotional and intellectual growth. For strong-willed children, the strategies help in understanding their intense reactions and guiding them toward self-regulation. It encourages integrating all parts of the brain for balanced development.

9. *"Raising Cain: Protecting the Emotional Life of Boys"* by Dan Kindlon and Michael Thompson

While focused on boys, this book addresses the challenges of raising strong-willed and emotionally intense children. It highlights the importance of emotional awareness and expression, which can be difficult for strong-willed boys. The authors provide insights and tools for fostering resilience and emotional intelligence.

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strong willed children meaning: The New Strong-Willed Child James C. Dobson, 2014-09 Is a willful little darling driving you to distraction? The New Strong-Willed Child is the resource you need--a classic bestseller completely rewritten, updated, and expanded for a new generation of parents and teachers. Challenging as they are to raise, strong-willed children can grow up to be men and women of strong character--if lovingly guided with understanding and the right kind of discipline. Find out what Dr. James Dobson, today's most trusted authority on parenting, has to say about what makes strong-willed children the way they are; shaping the will while protecting the spirit; avoiding the most common parenting mistake; and much more. If you are struggling to raise and teach children who are convinced they should be able to live by their own rules, The New Strong-Willed Child is a must-read (This new edition is part of Dr. James Dobson's Building A Family Legacy initiative.)

strong willed children meaning: The Everything Parent's Guide To The Strong-Willed Child Carl E Pickhardt, 2005-08-01 All children need guidance, yet some are definitely more resistant to parental direction and advice than others. Parenting a child whose personality may be described as difficult or controlling can leave you conflicted and frustrated. How do you nurture your child, get him to listen, and know who's in charge? It can be done. The Everything Parent's Guide to the

Strong-Willed Child helps you work around stubborn and argumentative behavior. You'll learn how to encourage your child to compromise and communicate with you, rather than make unreasonable demands and/or shut down altogether. By learning what makes your child strong-willed, the effects of such behavior, and how to manage it, you can help your child achieve a more tempered disposition and teach him the lifelong rewards of a positive attitude. Psychologist Carl E. Pickhardt shows you how to: Regain control of your family Reap the benefits of healthy communication Discipline to teach, not to punish Resolve conflict between you and your child effectively Overcome willfulness in older children The Everything Parent's Guide to the Strong-Willed Child is your all-inclusive guide to regaining, and maintaining, a healthy and happy family.

strong willed children meaning: When Your Child Has a Strong-Willed Personality Carl E Pickhardt, Vince Iannelli, 2008-10-17 Many parents of strong-willed children feel inadequate or like they're doing something wrong. But this isn't true! Although strong-willed children do present a unique challenge, it is possible for Mom and Dad to tailor parenting practices and actually enjoy their time with the kids. Written by two distinguished parenting authorities, this book offers specific advice on the serious problems that face so many parents. Finally readers can relax, as they learn how to: regain control of their family; reap the benefits of healthy communication; discipline to teach, not to punish; resolve conflict effectively; and overcome willfulness in older children. When every mealtime, bathtime, and bedtime is a struggle, discouraged parents need answers—and now they have them. With this book, parents can rest assured that they too can raise a respectful, cooperative, and pleasant child.

strong willed children meaning: The Everything Parent's Guide to the Strong-Willed Child Ellen Bowers, 2012-04-18 Set boundaries and eliminate power struggles—without conflict! I won't go! I don't care! You can't make me! Every parent hears these words at one time or another, but if you have a strong-willed child, the arguments can seem never-ending. Fortunately, there's hope. The Everything Parent's Guide to the Strong-Willed Child, 2nd Edition can help you put a stop to the endless cycle of battles with your child and rebuild a relationship based on love and respect—rather than conflict. This essential guide shows you how to trade in exhausting and ineffective punishment for techniques that can help you: Identify the triggers of combative behaviors Understand strong-willed and spirited motivations Give your child tools to develop self-control Learn how your reaction can lessen—or intensify—strong-willed behaviors Communicate more effectively with your child Strengthen the family bond and create a safe environment Featuring a positive approach to discipline and including new ways to compromise and communicate with children, this all-in-one guide has everything you need to raise capable, happy, and agreeable kids!

strong willed children meaning: Raising Strong-Willed Toddlers Michelle Mann, 2025-08-25 When one of your tiny toddler's big emotions jumps up to bite you, one of the greatest feelings of shame for many parents comes from not knowing how to handle it; or worse still, feeling like you haven't handled it well. I'm sure you don't need me to tell you, but parenting can be tough. You have a child destined for great things to be responsible for. There is no perfect parent or child, but somehow we always manage to find shame in not living up to these fanciful expectations. It is a great service to your child to raise them with a strong will. The world isn't an easy place to get along in. Preparing your child to back themselves through life's trials is setting them up for success in the future. Unfortunately, it can also feel like setting yourself up for arguments in the supermarket snack aisle. Describing a child as 'strong-willed' can often bring with it a hefty amount of negative baggage. You went to the store for a gallon of milk, but for some reason or another, you've left with a screaming toddler unable to fathom the logic of not being allowed a whole box of chocolate cookies on a whim. It feels like the entire store is glaring at you. It feels somewhere along the way, somehow, like you've failed as a parent. The reality is that perspective is everything, especially in raising a toddler. This isn't a failure, this is an opportunity to help mold your child into a dynamic individual prepared for whatever the future holds. The change of perspective I want to share with you is understanding that the big emotions that often lead to 'meltdowns' or 'tantrums' or 'hissy-fits' often have nothing to do with you or your child's personality. They have everything to do with little

minds processing ideas that are bigger than themselves. What I want to share with you is an understanding of the way those little minds are wired and strategies to help your child wrangle with these big feelings without all the tears. My book, and your go-to guide, *Raising Strong Willed Toddlers: Powerful Tools to Raising a Natural Leader* will teach you: Strong-willed truths: the psychology behind why our children can act the way they do. Step-by-step techniques for managing key parenting battlegrounds like saying 'no,' potty training, and many more. Tips for helping to nurture your child's strong will, to grow it into genius or leadership ability in later life. How to keep your head when things get to be a little too much. All of these tips and strategies are backed by experience, and a psychological understanding of the little minds it is our responsibility to develop. Whether you're struggling to implement your own strategies, or are completely at a loss for what to do, there's something in here to make parenting your strong-willed toddler that much more effective. There's no reason to battle through your child's toddler years with stress and high emotions. There's even less reason to think of yourself as a failure for not having all the answers already. There's no reason to think of yourself as an inadequate parent. Simply by picking up this book you prove you're willing to learn and develop new techniques to do right by your kids.

strong willed children meaning: *Setting Limits with Your Strong-Willed Child, Revised and Expanded 2nd Edition* Robert J. Mackenzie, 2013-06-18 In this fully revised and expanded second edition, *Setting Limits* author Robert MacKenzie is back with even more time-proven methods for dealing with misbehavior and creating positive, respectful, and rewarding relationships with children prone to acting out and disobedience. Disruptive misbehavior, constant power struggles, manipulative or aggressive behavior--the challenges facing parents and teachers of strong-willed children can seem overwhelming at times. That's why thousands of parents and educators have turned to the solutions in *Setting Limits With Your Strong-Willed Child*. This revised and expanded second edition offers the most up-to-date alternatives to punishment and permissiveness--moving beyond traditional methods that wear you down and get you nowhere, and zeroing in on what really works so parents can use their energy in more efficient and productive ways. With fully updated guidelines on parenting tools like logical consequences, and examples drawn directly from the modern world that children deal with each day, this is an invaluable resource for anyone wondering how to effectively motivate strong-willed children and instill proper conduct.

strong willed children meaning: *Parenting Strong Willed Kids* Catherine R. Schick, 2021-12-07 *Parenting Strong-Willed Kids How To Effectively Raise a Strong-Willed Toddler Into a Loving, Adorable Sweetheart* (Parenting Guide for strong-willed children) Strong willed kids can be very frustrating for parents. If you are struggling to get your child to listen or follow instructions, you are not alone. Many parents have trouble dealing with the negative behaviors of their strong-willed children. *Parenting Strong-Willed Kids* is a guide that helps parents understand and deal with strong-willed kids. The author, Catherine R. Schick, shares her insights about dealing with a strong-willed child in an easy to read guide. This book includes: * A definition of what a strong-willed kid is and how to recognize the signs of stubbornness in your own child. * How to avoid power struggles when disciplining your child and how to manage the stress of parenting a stubborn child. * The best way to handle tantrums and whining in your child. With this guide, you will be able to successfully parent your stubborn child.

strong willed children meaning: Parenting Techniques for Strong-Willed Children Elizabeth N. Richards, Strong-willed children can be terrible to deal with. They make it difficult for you to hold your place as a parent. Most times, you may feel like spanking will do so much good, only to realize it worsens it. When dealing with a stubborn child, you may constantly try to remind them that you are in charge. Sadly, some strong-willed children become more difficult when you try to discipline them with the wrong strategy. But here is the truth; strong-willed children can become the best gift that nature has given to you if you discipline them the right way. They have great leadership potential and have high chances of setting the pace for their peers to follow. You only need to discover the key thing about strong-willed children: their emotions. Their emotions are their greatest strength and can also be their point of weakness. In this book, you will learn how to break

through your child's defense walls and make them listen to you. You will discover the different ways to discipline defiant kids without pushing them away.

strong willed children meaning: Setting Limits with Your Strong-Willed Child Robert J. Mackenzie, 2011-08-03 In this fully revised and expanded second edition, *Setting Limits* author Robert MacKenzie is back with even more time-proven methods for dealing with misbehavior and creating positive, respectful, and rewarding relationships with children prone to acting out and disobedience. Disruptive misbehavior, constant power struggles, manipulative or aggressive behavior--the challenges facing parents and teachers of strong-willed children can seem overwhelming at times. That's why thousands of parents and educators have turned to the solutions in *Setting Limits With Your Strong-Willed Child*. This revised and expanded second edition offers the most up-to-date alternatives to punishment and permissiveness--moving beyond traditional methods that wear you down and get you nowhere, and zeroing in on what really works so parents can use their energy in more efficient and productive ways. With fully updated guidelines on parenting tools like logical consequences, and examples drawn directly from the modern world that children deal with each day, this is an invaluable resource for anyone wondering how to effectively motivate strong-willed children and instill proper conduct. From the Trade Paperback edition.

strong willed children meaning: The Complete Idiot's Guide to Raising a Strong-Willed Child Helen Coronato, Mary-Michael Levitt Ed.S. LPC, 2009-10-06 When because I'm the parent meets you're not the boss of me . . . Good news: there are many ways to parent willful children without everyday clashes. Here parents learn how to capitalize on children's strengths and make bad days more manageable. Full of ideas and techniques, it explores: how to use empathy first and discipline second; exercises and strategies that work to calm toddler tantrums; bringing teachers on board; raging hormones in teen rebels; and dealing with health and safety issues. • Much more positive than other parenting books, which focus on discipline and parental control • Helps parents understand and accept children for who they are, as well as who they can hope to be

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strong willed children meaning: Parenting Your Complex Child Peggy Lou Morgan,

2009-01-22 Besides the usual parenting challenges, parents of disabled children face added obstacles that can tax the resolve and resources of even the strongest families. Peggy Lou Morgan has developed a powerful system for obtaining dramatically better care for children with one or more serious disabilities. *Parenting Your Complex Child* reflects the experience and knowledge she has gained through decades of navigating a sea of complex medical, educational, occupational, and social issues while working with disabled clients and with her own son. Morgan's unique tracking and documentation tools let parents adapt to their child's challenges, create routines that support the child's needs, communicate those needs to busy professionals -- and be taken seriously by them. The book also helps parents lay the groundwork for care to continue after they themselves can no longer provide it. Compassionate, practical, and proven, *Parenting Your Complex Child* helps parents ensure that life-changing decisions are based on the best interests of the child -- and on the best information available.

strong willed children meaning: Got Questions? S. Michael Houdmann, 2014-04-24 Everyone has questions. Young children ask "why?" Teenagers ask "why not?" Adults sometimes lament "what if?" The God who created us and who loves us has given us the answers to life's most pressing questions in His Word. Yet many people have no idea that God has the answers and has made them available in the Bible. Whether it is a question about where we will spend eternity or how to deal with the pain of a broken relationship, you can be sure it has been asked and answered already on www.GotQuestions.org, the source for this book. Sadly, many individuals and ministries who offer advice are not biblically and theologically solid. That's why *Got Questions?* is crucially needed—a resource that answers questions explicitly from a biblical perspective, with solid evangelical theology. Written in an easy-to-understand format and organized in easy-to-follow sections, *Got Questions?* will help readers find the answers to the most frequently asked questions regarding spiritual matters. The questions were asked by real people struggling through real-life issues who received solid, practical answers from the Bible. The articles in this volume are compiled from the more than 3,800 frequently-asked questions on our website, which are read over 7 million times each month. Some of the articles have been translated into 150 languages. Many books present teaching in a question-and-answer format, but few have delved into the questions that people are actually asking. Having received and answered more than 380,000 questions, *Got Questions Ministries* has a unique understanding of what questions are truly on people's minds.

strong willed children meaning: *The Child* , 1911

strong willed children meaning: *Parenting Isn't for Cowards* James C. Dobson, 2010-12-22 Does your heart skip a beat when you think of all that could go wrong in the parenting years ahead? Anxiety is normal, but your worst fears don't have to become reality. Speaking both as a therapist and a father—and drawing on a landmark study of thirty-five thousand parents—Dr. James Dobson helps you . . . prevent child-rearing troubles before they happen banish your guilt about hard-to-raise children protect your sanity during a child's adolescence restore your energy when you're facing burnout enhance your relationships with your kids With more than one million copies sold, this confidence-building classic will help you experience the full joy of parenthood—and what may be the greatest sense of fulfillment you'll ever know.

strong willed children meaning: *Good Enough Parenting* Timothy A. Cavell, Lauren B. Quetsch, 2022-09-27 Written for parents of children from toddlers to teens, this book gives parents a science-based plan to help their children grow up to be emotionally healthy adults. To build healthy and lasting parent-child relationships, parents need practical strategies that meet their child's needs and address the circumstances that affect their families. A parent's job unfolds and shifts over time. Concerns about sleep become worries about tantrums; anxieties about sharing become fears about grades and acting out in school. These concerns are natural, but many parents struggle to handle it all. Some feel drained, some lash out, and some feel like the worst parents in the world. This book shows parents how to use a six-step program to build a stronger relationship with their child. It teaches parents how to set parenting goals, prioritize their own emotional health, and create a structure for their family. Having laid that three-step foundation, parents learn the importance of

accepting their child for who they are, containing their behavior, and acting as a leader. Prioritizing these six areas and making a plan for them will allow readers to parent proactively rather than reactively and focus on what matters most. No one can be a perfect parent, but you can be a good enough parent, one who shepherds their child toward a healthy, productive adulthood.

strong willed children meaning: *The Little Book on Meaning* Laura Berman Fortgang, 2009-04-30 An invaluable guide and companion for anyone seeking greater meaning and purpose in life. A nominee for the Books for a Better Life award! As a pioneer in the field of life coaching, Laura Berman Fortgang has spent decades helping people figure out what they want to do with their lives. And so it was a bit of a surprise when a theme she heard repeatedly from clients emerged in her own thinking and would not be dismissed: work didn't feel as meaningful to her as it once had. It was one of those big realizations one has from time to time. The funny thing was that it turned out the solution(s) to her problem were quite small... In *The Little Book on Meaning* Laura Berman Fortgang reveals that while our hunger for a meaningful life can be enormous, our desire for meaning is usually satiated by small, bite-size morsels of meaning—the small, almost incidental events or achievements that comprise the fabric of our lives. According to Fortgang, meaning is where you look for it, and through tenderly drawn stories from her own life and the lives of those around her, she shows readers how they too can peek around corners to discover the small elements of their lives that truly matter.

strong willed children meaning: *Best Practices in Prevention* Sally Hage, John L. Romano, 2012-12-20 This second book in the Prevention Practice Kit provides counselors, psychologists, and other mental health workers with practical steps that need to be considered by prevention practitioners as they engage with others in developing and delivering prevention projects. A context for engaging in prevention practice is provided, including discussion of how prevention fits with traditional models of psychology, descriptions of theoretical models for doing prevention practice, and examples of empirically-supported prevention interventions.

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