

# police officer support groups

**police officer support groups** play a crucial role in providing assistance, camaraderie, and resources for law enforcement personnel. These groups address the unique challenges faced by officers, including stress, trauma, and the demands of public service. By fostering peer support, mental health awareness, and professional development, police officer support groups contribute to healthier, more resilient law enforcement communities. This article explores the importance of these groups, the types of support they offer, and how officers can benefit from engaging with them. Additionally, it covers the role of families and communities in supporting officers through such organizations. The following sections provide a comprehensive overview of police officer support groups and their impact on law enforcement wellbeing.

- Understanding Police Officer Support Groups
- Types of Support Offered
- The Role of Peer Support in Law Enforcement
- Mental Health Resources and Counseling
- Family and Community Involvement
- How to Find and Join Police Officer Support Groups

## Understanding Police Officer Support Groups

Police officer support groups are organized networks designed to assist law enforcement personnel in managing the unique stresses and challenges of their profession. These groups typically consist of current and former officers, mental health professionals, and sometimes family members. Their primary goal is to provide emotional support, practical advice, and resources that promote officer wellbeing and resilience. The importance of these groups has grown as awareness of mental health issues and occupational stress in law enforcement has increased.

## Purpose and Goals

The primary purpose of police officer support groups is to create a safe environment where officers can share experiences, discuss challenges, and receive guidance without fear of judgment or career repercussions. They aim to reduce stigma surrounding mental health and encourage proactive coping strategies. Goals also include fostering camaraderie, enhancing communication skills, and providing access to professional help when needed.

## **Membership and Structure**

Support groups vary in structure, ranging from informal peer-led meetings to professionally facilitated sessions. Membership may be limited to active officers, or expanded to include retired personnel and family members. Some groups are affiliated with police departments or unions, while others operate independently or through nonprofit organizations focused on law enforcement support.

## **Types of Support Offered**

Police officer support groups provide a diverse range of support services tailored to the needs of law enforcement professionals. These services encompass emotional, psychological, educational, and practical assistance designed to address the multifaceted nature of police work.

### **Emotional and Peer Support**

One of the core offerings of these groups is emotional support delivered through peer interactions. Officers often benefit from sharing their experiences with colleagues who understand the demands and pressures of the job. This peer-to-peer connection fosters empathy and reduces feelings of isolation.

### **Educational Workshops and Training**

Many support groups organize workshops that focus on stress management, communication skills, conflict resolution, and wellness practices. These educational initiatives equip officers with tools to better handle workplace challenges and improve their overall health.

### **Access to Professional Counseling**

Support groups frequently facilitate access to licensed mental health professionals specializing in trauma, anxiety, depression, and substance abuse. This professional counseling is crucial for officers dealing with post-traumatic stress disorder (PTSD) and other occupational hazards.

### **Critical Incident Stress Management**

In the aftermath of critical incidents such as officer-involved shootings or traumatic accidents, support groups often implement structured stress debriefings. These interventions help officers process the event and mitigate long-term psychological effects.

## **The Role of Peer Support in Law Enforcement**

Peer support is a fundamental component of police officer support groups. The shared experiences and mutual understanding among officers create a unique environment conducive to healing and

growth. Peer support helps normalize emotional responses and encourages seeking help.

## **Benefits of Peer Support**

Peer support offers numerous benefits for law enforcement personnel, including:

- Reduced stigma around mental health issues
- Increased trust and openness
- Enhanced coping strategies through shared experiences
- Improved morale and job satisfaction
- Early identification of stress-related concerns

## **Peer Support Training**

Many police departments and organizations provide specialized training for peer supporters to equip them with skills in active listening, crisis intervention, and confidentiality. Trained peer supporters serve as first responders to colleagues in distress, guiding them toward appropriate resources.

## **Mental Health Resources and Counseling**

Mental health support is a critical aspect of police officer support groups. Given the high-stress nature of law enforcement, officers are at increased risk for depression, anxiety, PTSD, and other behavioral health issues. Support groups focus on connecting officers with mental health services and promoting wellness strategies.

## **Types of Counseling Services**

Police officer support groups commonly provide or coordinate access to various counseling services, including:

- Individual therapy focusing on trauma and stress
- Group therapy sessions promoting shared healing
- Family counseling to address relational dynamics
- Substance abuse treatment programs

## **Promoting Mental Health Awareness**

These groups often organize campaigns and informational sessions aimed at increasing awareness of mental health challenges within law enforcement. They work to dismantle barriers to care, such as fear of career impact or stigma.

## **Family and Community Involvement**

Support for police officers extends beyond the individual to include families and the wider community. Recognizing the impact of law enforcement work on personal relationships, many support groups incorporate family-oriented programs and community engagement initiatives.

## **Family Support Programs**

Families of police officers often face unique stressors related to the risks and demands of the profession. Support groups offer counseling, educational resources, and social events designed to strengthen family resilience and communication.

## **Community Outreach and Education**

Engaging the community helps foster understanding and cooperation between law enforcement and the public. Support groups may facilitate forums, workshops, and volunteer opportunities that build positive relationships and mutual support.

## **How to Find and Join Police Officer Support Groups**

Locating the right police officer support group depends on factors such as geographic location, department affiliation, and specific needs. Many law enforcement agencies provide information about available support services, while national organizations also offer resources for officers seeking assistance.

## **Steps to Join**

The process to join police officer support groups usually involves the following steps:

1. Research available groups through department resources, unions, or online directories
2. Contact the group coordinator or representative for information
3. Attend an introductory meeting or orientation session
4. Complete any required membership forms or confidentiality agreements
5. Participate regularly in meetings and activities to maximize benefits

## **Online and Virtual Support Options**

In addition to in-person groups, many police officer support groups have embraced virtual platforms. Online forums, webinars, and video meetings increase accessibility for officers in remote areas or with demanding schedules, ensuring continuous support regardless of location.

## **Frequently Asked Questions**

### **What are police officer support groups?**

Police officer support groups are organizations or communities that provide emotional, psychological, and peer support to law enforcement personnel to help them cope with the stresses and challenges of their job.

### **Why are police officer support groups important?**

These support groups are important because they offer a safe space for officers to share experiences, reduce feelings of isolation, manage stress, and promote mental health and well-being.

### **Are police officer support groups confidential?**

Most police officer support groups maintain confidentiality to ensure that members feel safe discussing sensitive topics without fear of judgment or repercussions.

### **How can police officers join support groups?**

Officers can join support groups through their department's wellness programs, professional associations, or by seeking out local or online peer support organizations dedicated to law enforcement.

### **Do police officer support groups address mental health issues like PTSD?**

Yes, many support groups specifically focus on mental health issues such as PTSD, anxiety, and depression, providing resources, counseling referrals, and peer support tailored to law enforcement experiences.

### **Are there online support groups available for police officers?**

Yes, there are numerous online forums, social media groups, and virtual support communities where police officers can connect with peers, share advice, and access support remotely.

# Can family members of police officers participate in support groups?

Some police officer support groups offer programs or sessions for family members to help them understand the challenges officers face and provide support for their loved ones' well-being.

## Additional Resources

### 1. *Brothers in Blue: The Power of Police Support Groups*

This book explores the importance of support groups for police officers, highlighting how camaraderie and shared experiences help officers cope with the stresses of law enforcement. It includes real-life stories and testimonials from officers who found solace and strength in these communities. Readers gain insight into the emotional and psychological benefits of peer support in policing.

### 2. *Behind the Badge: Building Resilience Through Peer Support*

Focused on the resilience-building aspect of police support groups, this book delves into strategies officers use to support each other through traumatic incidents. It offers practical advice for creating effective support networks within police departments. The narrative also addresses the stigma surrounding mental health in law enforcement.

### 3. *Silent Strength: The Role of Support Groups in Officer Wellness*

This book sheds light on the often-overlooked mental health challenges faced by police officers and how support groups serve as a critical lifeline. It discusses the structure and function of various support group models and how they contribute to overall officer wellness. Case studies illustrate successful programs and their impact on reducing burnout.

### 4. *Unity on the Frontline: Police Support Groups and Community Healing*

Exploring the connection between internal police support groups and broader community relations, this book highlights how officer wellness translates into better public service. It examines initiatives that foster solidarity among officers, which in turn enhances trust and cooperation with the communities they serve. The book also addresses the role of support groups in promoting ethical policing.

### 5. *From Stress to Strength: Police Peer Support in Action*

This compelling read presents a hands-on approach to peer support among police officers dealing with high-stress environments. It features interviews and stories of officers who have successfully navigated challenges through support groups. The book also provides guidelines for officers and departments interested in establishing their own peer support systems.

### 6. *Healing Blue: Mental Health Support Groups for Law Enforcement*

Focusing on mental health, this book offers a comprehensive look at support groups tailored specifically for law enforcement personnel. It discusses common psychological struggles such as PTSD, anxiety, and depression, and how peer-led groups can facilitate healing. The author includes resources and tools for both officers and mental health professionals.

### 7. *The Thin Blue Line Together: Strengthening Bonds Through Support*

This title emphasizes the importance of unity and brotherhood within police forces, showing how support groups reinforce these bonds. Through powerful anecdotes and expert analysis, the book

reveals how collective support improves morale, reduces isolation, and enhances job performance. It also explores the challenges of maintaining these groups in diverse police cultures.

#### 8. *Guardians United: Creating Effective Police Support Networks*

A practical guide for law enforcement leaders and officers, this book outlines the steps necessary to build and sustain effective support networks. It covers topics such as leadership involvement, confidentiality, and training for peer supporters. The author shares success stories from various police departments to illustrate best practices.

#### 9. *Resilient Warriors: Coping and Thriving in Law Enforcement Support Groups*

This book celebrates the resilience of police officers who actively participate in support groups, showcasing their journeys from hardship to healing. It combines psychological research with personal narratives to highlight the transformative power of peer support. Readers will find inspiration and actionable advice for fostering resilience within their own teams.

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**police officer support groups:** *Critical Incidents in Policing* James T. Reese, 1991

**police officer support groups:** *Justice for All* Charles MacLean, Adam Lamparello, 2022-03-30  
Justice for All identifies ten central flaws in the criminal justice system and offers an array of solutions – from status quo to evolution to revolution – to address the inequities and injustices that far too often result in courtrooms across the United States. From the investigatory stage to the sentencing and appellate stages, many criminal defendants, particularly those from marginalized communities, often face procedural and structural barriers that taint the criminal justice system with the stain of unfairness, prejudice, and arbitrariness. Systematic flaws in the criminal justice system underscore the inequitable processes by which courts deprive citizens of liberty and, in some instances, their lives. Comprehensive in its scope and applicability, the book focuses upon the procedural and substantive barriers that often prohibit defendants from receiving fair treatment within the United States criminal justice system. Each chapter is devoted to a particular flaw in the criminal justice system and is divided into two parts. First, the authors discuss in depth the underlying causes and effects of the flaw at issue. Second, the authors present a wide range of possible solutions to address this flaw and to lead to greater equality in the administration of criminal justice. The reader is encouraged throughout to consider and assess all possible options, then defend their choices and preferences. Confronting these issues is critical to reducing racial disparities and guaranteeing Justice for all. Describing the problems and assessing the solutions, Justice for All does not identify all problems or all solutions, but will be of immeasurable value to criminal justice students and scholars, as well as attorneys, judges, and legislators, who strive to address the pervasive flaws in the criminal justice system.

**police officer support groups: The Final Girl Support Group** Grady Hendrix, 2022-06-14  
THE INSTANT NEW YORK TIMES BESTSELLER VOTED GOODREADS CHOICE AWARD BEST HORROR NOVEL OF 2021 A Good Morning America Buzz Pick “The horror master...puts his unique spin on slasher movie tropes.”-USA Today A can't-miss summer read, selected by The New York Times, Oprah Daily, Time, USA Today, The Philadelphia Inquirer, CNN, LitHub, BookRiot, Bustle,

Popsugar and the New York Public Library In horror movies, the final girls are the ones left standing when the credits roll. They made it through the worst night of their lives...but what happens after? Like his bestselling novel *The Southern Book Club's Guide to Slaying Vampires*, Grady Hendrix's latest is a fast-paced, frightening, and wickedly humorous thriller. From chain saws to summer camp slayers, *The Final Girl Support Group* pays tribute to and slyly subverts our most popular horror films—movies like *The Texas Chainsaw Massacre*, *A Nightmare on Elm Street*, and *Scream*. Lynnette Tarkington is a real-life final girl who survived a massacre. For more than a decade, she's been meeting with five other final girls and their therapist in a support group for those who survived the unthinkable, working to put their lives back together. Then one woman misses a meeting, and their worst fears are realized—someone knows about the group and is determined to rip their lives apart again, piece by piece. But the thing about final girls is that no matter how bad the odds, how dark the night, how sharp the knife, they will never, ever give up.

**police officer support groups: Understanding and Supporting Law Enforcement**

**Families** Robert P. Delprino, 2017-12-27 *Understanding and Supporting Law Enforcement Families*, through a synthesis of the research literature, presents and explores some of the challenges faced by police families as well as developments that have taken place to support them in balancing family and work life. There are demands and requirements from the job over which family members have little control. Shift work, negative public perceptions of law enforcement, changes in the officer's personality as well as living with the potential that their loved one may be injured or killed are among the unique challenges law enforcement families face. These extraordinary life events are discussed as well as the potential physical and psychological reactions to these stressors. In addition to an overview of support programs and services, specific resources from national organizations are provided on support for family members of an officer killed in the line of duty, and organizational policies for the funeral of an officer who commits suicide, and officer domestic violence. This book examines the existing research as a means to clarify issues faced by law enforcement families and discusses the availability of resources to provide the support these families need and deserve. A great deal of realizing that potential will be dependent upon actively including the law enforcement family in all aspects of the support process. It is not a conventional self-help book but intended for researchers, practitioners, students, and others with interest in the study and support of law enforcement families.

**police officer support groups: The Frontline Heroes' Crisis Toolbox** Dr. Patty Poloka, 2023-08-21 This book is raw and dramatic in ways only public safety employees and military members may understand. Real and tragic events are told by Dr. Poloka and other specialists highlighted in sections called *Spotlight on Experts*. Additionally, relationships developed over thirty-plus years with people from all walks of life, civilian as well as public safety and military, are the source of many stories that you will see throughout the book. This book is long overdue. This text should be used in police academies, military leadership, and mental health training. --Major General James R. Joseph, Retired, US Army Mental Health Education and Practical Application is a very interesting and informative discussion of the psychological burdens that law enforcement officers must contend with, and an excellent educational review of how police officials can become better equipped to cope with such hazardous confrontations. This is a book that should be compulsory reading for every law enforcement applicant and active police officer. --Cyril H. Wecht, MD, JD

**police officer support groups: Developing a Law Enforcement Stress Program for Officers and Their Families** Peter Finn, Julie Esselman Tomz, 1997 Provides a comprehensive and up-to-date look at a number of law enforce. stress programs that have made serious efforts to help departments, individual officers, civilian employees, and officers' families cope with the stresses of a law enforce. career. The report is based on 100 interviews with mental health practitioners, police administrators, union and assoc. officials, and line officers and their family members. Provides pragmatic suggestions that can help every police or sheriff's dep't. reduce the debilitating stress that so many officers experience and thereby help these officers do the job they entered law enforcement to perform -- protect the public.



**police officer support groups:** *Working with Traumatized Police-Officer Patients* Daniel Rudofossi, Dale Lund, Alan Benner, 2020-11-25 An insider perspective from a 'cop doc on the job,' this book is the first of its kind written in response to a need for a specialized guide for clinicians that operationally defines and responsibly treats what Dan Rudofossi terms Police and Public Safety Complex PTSD. In reading this book, you are led through an understanding of how to work with police officers who experience cumulative loss in trauma. Doc Dan initiates you into an original cultural competence of how and why his theory works in practice. You will leave the journey with a practical sense of how the ecological context and ethological motivation are part of the psychological presentation of almost all officers suffering from complex trauma and loss. This guide is crucial reading, original in its breadth and scope of perspective on how to intervene with the traumatized officer. Toward that end, Rudofossi presents his Eco-Ethological Existential Analysis of Police and Public Safety Complex Post Traumatic Stress Disorder. Emotive, affective, cognitive, behavioral, and existential ranges of expression of trauma are vast, diverse, and often intense in police officers. This book delivers applied theory with clinical examples, including practical interventions for the clinician and handouts for the officer-patient. The clinician will be assisted in encountering officers' existential suffering from the edge of despair to the precipice of meaning. The guide is at once stimulating, exciting, and very serious in its potential for clinical interventions.

**police officer support groups:** **Cumulative List of Organizations Described in Section 170 (c) of the Internal Revenue Code of 1954** United States. Internal Revenue Service, 2002

**police officer support groups:** *Walk the Blue Line* James Patterson, Matt Eversmann, 2023-02-06 From the #1 New York Times bestselling authors of *Walk in My Combat Boots*: true-life stories from the men and women who protect and serve our homes, families and communities. Protect These men and women are our eyes. Our ears. Our protectors. Those who wear a badge, doing their best to help people. Serve These cops serve their communities. They serve their country. They're in the business of saving lives—even at the risk of their own. Defend These patrol officers and K9 handlers, sheriffs and detectives, reveal what it's really like to wear the uniform, to carry the weight of the responsibility they've been given. This is a calling. This is the job. "Walk the Blue Line is the book that the law-enforcement community has been waiting for. These stories showcase the courage, the hurt, the anger and the joy that can be found in every officer's DNA—and above all, their commitment to making difficult situations a little bit better. —Jim Pasco, Executive Director, National Fraternal Order of Police

**police officer support groups:** Cumulative List of Organizations Described in Section 170 (c) of the Internal Revenue Code of 1986 , 1993

**police officer support groups:** **Encyclopedia of Social Work with Groups** Alex Gitterman, Robert Salmon, 2009-06-02 What do you have to know, today, to be an effective group worker and what are the different group work approaches? With 110 articles and entries, this book provides a comprehensive overview of social work with groups from its initial development to its astounding range of diverse practice today with many populations in different places. The articles have been written by social workers trained in the group approach from the United States, Canada, England, Australia, Spain and Japan, and all involved are well known group workers, acknowledged as experts in the area. The book covers all aspects of social work with groups: including its history, values, major models, approaches and methods, education, research, journals, phases of development, working with specific populations and ages, plus many more. Each article includes references which can be a major resource for future exploration in the particular subject area. Both editors have many years of productive work in group work practice and other areas and are board members of The Association for the Advancement of Social Work with Groups. The Encyclopedia of Social Work with Groups will be of interest to students, practitioners, social work faculty, novice and experienced group workers.

**police officer support groups:** *Introduction to Forensic Psychology* Curt R. Bartol, Anne M. Bartol, 2018-01-16 The text provides a great, general overview of different areas of criminal and civil forensic psychology. —Apryl Alexander, PsyD, Clinical Assistant Professor, University of Denver

Written by authors with extensive experience in the field and in the classroom, *Introduction to Forensic Psychology: Research and Application*, Fifth Edition demonstrates how to analyze psychological knowledge and research findings and then apply these findings to the civil and criminal justice systems. Focusing on research-based forensic practice and practical application, this text uses real-life examples and case law discussions to define and explore forensic psychology. This text introduces students to emerging specializations within forensic psychology, including investigative psychology, family forensic psychology, and police and public safety psychology. Students will develop a multicultural perspective with an ethnic and racial sensitivity, which is critical to the successful practice of forensic psychology. New to the Fifth Edition: Updated statistics, research, and case law, such as recent Aid in Dying legislation, as well as analysis of recent events, help students see the real-world applications to current events. Updated Focus boxes empower students to dig deeper into current issues, such as mental health courts, community-oriented policing, child abduction, hate crimes, the death penalty, and more. All Focus boxes also contain discussion questions for students to debate in a classroom setting. All new From My Perspective boxes provide students with information about career choices as well as helpful advice about pursuing their goals. Increased attention to immigration-related issues offers students additional insights into immigration proceedings and ways to consult with the courts. Additional coverage of human trafficking and online sexual predators enables students to better understand the psychological effects on victims and the services available to help. Current research on violent video games, cyberbullying, and cyberstalking provides real examples of the effects of violent media. New research on juveniles allows students to see the important contributions of neuropsychologists, particularly in terms of brain development in adolescents and promising community-based treatment approaches for juveniles. SAGE edge offers a robust online environment featuring an impressive array of free tools and resources for review, study, and further exploration, keeping both instructors and students on the cutting edge of teaching and learning. Learn more at [edge.sagepub.com/bartol5e](http://edge.sagepub.com/bartol5e).

**police officer support groups: Hate Crimes** Barbara Perry, 2009-03-05 This book offers a comprehensive approach to understanding hate crime, its causes, consequences, prevention, and prosecution. Hate crimes continue to be a pervasive problem in the United States. The murder of Matthew Shepard, the lynching of James Byrd, the murderous rampage of Benjamin Smith, and anti-Muslim violence remind us that incidence of deadly bigotry is not only a recurring chapter in U.S. history, but also a part of our present-day world. Contrary to common belief, hate mongers who commit crimes are rarely members of the Ku Klux Klan or a skinhead group. In fact, fewer than 5 percent of identifiable offenders are members of organized hate groups. Yet rather than being an individual crime, hate crime represents an assault against all members of stigmatized and marginalized communities. To fully understand the phenomenon of hate crime and reduce its incidence, it is necessary to clearly define the term itself, to examine the victims and the offenders, and to evaluate the consequences and harms of hate crimes. This comprehensive five-volume set carefully addresses the disturbing variety and incidence of hate crimes, exposing their impacts on the broader realms of crime, punishment, individual communities, and society. The contributing authors and editors pay critical attention to cutting-edge topics such as online hate crimes, hate-based music, anti-Latino hostilities, Islamophobia, hate crimes in the War on Terror, school-based anti-hate initiatives, and more. The final volume of *Hate Crimes* provides valuable food for thought on possible legislative, educational, social policy, or community organizational responses to the varied forms of hate crime.

**police officer support groups: Sexualities, Work and Organizations** James Ward, 2007-10-04 Sexuality is arguably the most under-researched of all diversity areas in work organizations. This book brings together and relates stories of minority sexual identity from six organizations drawn from three different industry sectors: the Emergency Services, the Civil Service and the Banking sector. Here sexual minorities&nb

**police officer support groups: Occupational Stress: Breakthroughs in Research and Practice**

Management Association, Information Resources, 2019-11-01 There are many different types and causes of trauma and stress in the workplace that can impact employee behavior and performance. Corporations have a social responsibility to assist in the overall wellbeing of their employees by ensuring that their leaders are emotionally intelligent and that their organization is compliant with moral business standards. Occupational Stress: Breakthroughs in Research and Practice examines the psychological, physical, and physiological effects of a negative work environment. It also explores how to cope with work-related stress. Highlighting a range of topics such as job satisfaction, work overload, and work-life balance, this publication is an ideal reference source for managers, professionals, researchers, academicians, and graduate-level students in a variety of fields.

**police officer support groups: Report - United States, Bureau of Indian Affairs, Planning Support Group** United States. Bureau of Indian Affairs. Planning Support Group, 1979

**police officer support groups: Domestic Violence by Police Officers** , 2000

**police officer support groups: CRISIS INTERVENTION IN CRIMINAL JUSTICE/SOCIAL SERVICE** James E. Hendricks, Cindy S. Hendricks, 2014-04-01 This expanded new edition continues to demonstrate and provide theoretical, analytical, and practical knowledge for first responders. Face-to-face interaction with the client/victim is part of the comprehensive approach advocated by the book, which requires interveners to assess the nature of a crisis and the condition of the victim in order to determine the appropriate course of action. The comprehensive balance of theory and practice presented in this book should enable the intervener in coupling his/her general knowledge of human psychology and emotional crisis with the specific and novel characteristics of various crisis situations. The text represents the work of national scholars who have expertise in criminal justice and social service issues. Their chapters focus on a Historical and Theoretical Overview, Ethics in Crisis Intervention Practice, Intimate Partner Violence, Police Response to Domestic Violence, Children in Crisis, Elder Mistreatment, Suicide, Crisis of Rape and Survivor Intervention, Death Notification and the Theory and Practice of Delivering Bad News, Terrorism and Crisis Intervention, and Mass Casualty Crisis Response and Communication. Helpful appendices in each chapter provide additional internet resources, as well as a complete Model Law Enforcement Code of Ethics and Social Work Code of Ethics. This new edition retains important information while providing current case studies such as the "Miracle on the Hudson River" crash, the mass shootings at Virginia Tech, the Boston Marathon bombing, and the Yarnell Hill fire in Arizona. This exceptional book is designed for firefighters, police officers, community service officers, correctional workers, emergency medical workers, probation/parole officers, protective service workers, psychological counselors, social workers, and victim assistance workers among others.

**police officer support groups: FBI Law Enforcement Bulletin** , 1993

**police officer support groups: Domestic Violence** Deborah Lockton, Richard Ward, 2016-05-12 First published in 1997, this book marks a culmination of a three year research programme focused upon the incidence of domestic violence in Leicester. The study examined the levels of violence, the details of applicants and respondents and the nature of complaints, as well as the policies applied and the problems faced by those enforcing the law. The books sets the findings in the context of the policies on protection of victims of domestic violence, the problems they face and protection after 1997. This book will be of interest to those studying law, social work, sociology and women's studies.

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