#### HOW TO REMOTE VIEW

HOW TO REMOTE VIEW IS A SKILL THAT INVOLVES PERCEIVING OR GATHERING INFORMATION ABOUT A DISTANT OR UNSEEN TARGET USING EXTRASENSORY PERCEPTION (ESP). THIS PRACTICE HAS INTRIGUED RESEARCHERS, ENTHUSIASTS, AND PROFESSIONALS SEEKING TO UNLOCK HUMAN POTENTIAL BEYOND THE CONVENTIONAL SENSES. LEARNING HOW TO REMOTE VIEW REQUIRES UNDERSTANDING ITS PRINCIPLES, DEVELOPING FOCUSED CONCENTRATION, AND PRACTICING SPECIFIC TECHNIQUES DESIGNED TO ACCESS NON-LOCAL INFORMATION. REMOTE VIEWING IS OFTEN ASSOCIATED WITH PSYCHIC PHENOMENA BUT HAS BEEN STUDIED IN VARIOUS CONTROLLED SETTINGS TO EXPLORE ITS VALIDITY. THIS ARTICLE COVERS ESSENTIAL ASPECTS OF HOW TO REMOTE VIEW, INCLUDING PREPARATORY STEPS, PRACTICAL METHODS, COMMON CHALLENGES, AND ETHICAL CONSIDERATIONS. BY DELVING INTO THESE TOPICS, READERS WILL GAIN A COMPREHENSIVE UNDERSTANDING OF REMOTE VIEWING AND HOW TO CULTIVATE THIS UNIQUE ABILITY.

- Understanding Remote Viewing
- Preparing for Remote Viewing Sessions
- Techniques and Methods for Remote Viewing
- COMMON CHALLENGES AND HOW TO OVERCOME THEM
- APPLICATIONS AND ETHICAL CONSIDERATIONS

## UNDERSTANDING REMOTE VIEWING

REMOTE VIEWING IS THE PRACTICE OF OBTAINING INFORMATION ABOUT A DISTANT OR UNSEEN TARGET WITHOUT THE USE OF THE TRADITIONAL FIVE SENSES OR PHYSICAL INTERACTION. IT OPERATES ON THE PREMISE THAT CONSCIOUSNESS CAN TRANSCEND SPATIAL AND TEMPORAL BOUNDARIES, ALLOWING AN INDIVIDUAL TO DESCRIBE OR GIVE DETAILS ABOUT A LOCATION, OBJECT, OR EVENT THAT IS BEYOND DIRECT SENSORY REACH. THE CONCEPT GAINED POPULARITY DURING THE COLD WAR WHEN GOVERNMENT PROGRAMS EXPLORED ITS POTENTIAL FOR INTELLIGENCE GATHERING.

#### HISTORY AND BACKGROUND

The origins of remote viewing trace back to the 1970s when researchers at institutions like the Stanford Research Institute conducted experiments to determine whether individuals could access information about remote locations. These efforts were part of broader research into psychic phenomena and parapsychology. Over time, structured protocols and controlled methodologies were developed to improve reliability and replicability.

#### SCIENTIFIC PERSPECTIVE

While remote viewing remains controversial in mainstream science, studies have reported statistically significant results under controlled conditions. Researchers emphasize the importance of rigorous experimental design and the elimination of sensory cues. The field intersects with quantum theories, consciousness studies, and cognitive science, though definitive mechanisms remain elusive.

### PREPARING FOR REMOTE VIEWING SESSIONS

Proper preparation is critical for effective remote viewing. A calm, focused mind and an environment conducive

TO CONCENTRATION ENHANCE THE ABILITY TO ACCESS REMOTE INFORMATION. PREPARATION INVOLVES BOTH MENTAL AND PHYSICAL READINESS AS WELL AS SETTING CLEAR INTENTIONS.

#### MENTAL PREPARATION

DEVELOPING MENTAL CLARITY AND REDUCING DISTRACTIONS IS ESSENTIAL. TECHNIQUES SUCH AS MEDITATION, DEEP BREATHING, AND MINDFULNESS CAN HELP ACHIEVE A RELAXED YET ALERT STATE. THIS MENTAL STATE FACILITATES INTUITIVE PERCEPTION AND MINIMIZES INTERFERENCE FROM CONSCIOUS ANALYTICAL THOUGHT.

#### PHYSICAL ENVIRONMENT

The environment should be quiet, comfortable, and free from interruptions. Dim lighting and minimal noise levels contribute to sustained focus. Some practitioners prefer to use calming music or white noise to aid concentration, though this varies by individual preference.

#### SETTING INTENTIONS AND GOALS

Before beginning a remote viewing session, clearly defining the target or objective is important. This can involve focusing on a specific location, object, or question. Setting precise and unbiased intentions helps guide the remote viewing process and improves the accuracy of the information received.

# TECHNIQUES AND METHODS FOR REMOTE VIEWING

SEVERAL STRUCTURED TECHNIQUES HAVE BEEN DEVELOPED TO GUIDE PRACTITIONERS IN HOW TO REMOTE VIEW EFFECTIVELY. THESE METHODS EMPHASIZE SYSTEMATIC DATA COLLECTION, DOCUMENTATION, AND INTERPRETATION.

# COORDINATE REMOTE VIEWING (CRV)

COORDINATE REMOTE VIEWING IS A FORMALIZED METHOD DEVELOPED BY MILITARY AND INTELLIGENCE AGENCIES. IT INVOLVES A SERIES OF STAGES, STARTING WITH RECEIVING A RANDOM COORDINATE OR REFERENCE NUMBER ASSOCIATED WITH THE TARGET. THE VIEWER THEN RECORDS IMPRESSIONS IN A SEQUENCE DESIGNED TO MINIMIZE BIAS AND ENHANCE OBJECTIVITY.

# EXTENDED REMOTE VIEWING (ERV)

EXTENDED REMOTE VIEWING FOCUSES ON ENTERING A DEEP MEDITATIVE OR TRANCE-LIKE STATE TO ALLOW SPONTANEOUS AND INTUITIVE IMPRESSIONS TO SURFACE. ERV OFTEN INVOLVES FREE-FLOWING SKETCHES, DESCRIPTIONS, AND SENSORY PERCEPTIONS RELATED TO THE TARGET, WITHOUT RIGID PROTOCOLS.

#### PRACTICAL STEPS FOR BEGINNERS

- RELAX AND CLEAR THE MIND USING BREATHING EXERCISES
- FOCUS ATTENTION ON THE TARGET OR COORDINATE PROVIDED
- RECORD ANY SPONTANEOUS IMAGES, SENSATIONS, OR THOUGHTS
- Use sketches or notes to document impressions

### COMMON CHALLENGES AND HOW TO OVERCOME THEM

PRACTITIONERS OFTEN ENCOUNTER DIFFICULTIES WHEN LEARNING HOW TO REMOTE VIEW. UNDERSTANDING AND ADDRESSING THESE CHALLENGES CAN IMPROVE SKILL DEVELOPMENT AND ACCURACY.

#### DISTRACTIONS AND MENTAL CLUTTER

EXTERNAL NOISE, INTERNAL CHATTER, AND EMOTIONAL DISTURBANCES CAN DISRUPT CONCENTRATION. ESTABLISHING A DISTRACTION-FREE ENVIRONMENT AND PRACTICING REGULAR MEDITATION CAN HELP MAINTAIN FOCUS DURING SESSIONS.

#### BIAS AND PRECONCEPTIONS

EXPECTATIONS AND PRIOR KNOWLEDGE MAY INFLUENCE PERCEPTIONS, LEADING TO INACCURATE OR SKEWED RESULTS. MAINTAINING AN OPEN, NEUTRAL MINDSET AND USING BLIND OR DOUBLE-BLIND TARGETING PROTOCOLS REDUCES BIAS.

#### INTERPRETING AMBIGUOUS DATA

REMOTE VIEWING IMPRESSIONS CAN BE VAGUE OR SYMBOLIC, MAKING INTERPRETATION CHALLENGING. KEEPING DETAILED RECORDS, CROSS-REFERENCING WITH KNOWN INFORMATION, AND SEEKING CORROBORATION CAN CLARIFY AMBIGUOUS RESULTS.

# APPLICATIONS AND ETHICAL CONSIDERATIONS

REMOTE VIEWING HAS BEEN APPLIED IN VARIOUS FIELDS, FROM INTELLIGENCE GATHERING AND EXPLORATION TO PERSONAL DEVELOPMENT AND PROBLEM-SOLVING. HOWEVER, ETHICAL CONSIDERATIONS ARE PARAMOUNT TO ENSURE RESPONSIBLE USE.

#### PRACTICAL APPLICATIONS

SOME DOCUMENTED USES OF REMOTE VIEWING INCLUDE:

- LOCATING MISSING PERSONS OR OBJECTS
- GATHERING INFORMATION FOR SCIENTIFIC OR ARCHAEOLOGICAL RESEARCH
- ENHANCING CREATIVE PROBLEM-SOLVING AND DECISION-MAKING
- EXPLORING PERSONAL AND SPIRITUAL GROWTH

#### ETHICAL GUIDELINES

PRACTITIONERS SHOULD RESPECT PRIVACY, AVOID INTRUSIVE OR HARMFUL INTENTIONS, AND USE REMOTE VIEWING RESPONSIBLY. CONSENT AND CONFIDENTIALITY MUST BE PRIORITIZED, ESPECIALLY WHEN REMOTE VIEWING PERTAINS TO INDIVIDUALS OR SENSITIVE INFORMATION.

# FREQUENTLY ASKED QUESTIONS

#### WHAT IS REMOTE VIEWING AND HOW DOES IT WORK?

REMOTE VIEWING IS THE PRACTICE OF SEEKING IMPRESSIONS ABOUT A DISTANT OR UNSEEN TARGET USING EXTRASENSORY PERCEPTION (ESP) OR CLAIRVOYANCE. IT INVOLVES FOCUSING THE MIND TO GATHER INFORMATION ABOUT A LOCATION, OBJECT, OR PERSON WITHOUT BEING PHYSICALLY PRESENT. WHILE NOT SCIENTIFICALLY PROVEN, IT IS USED IN SOME INTELLIGENCE AND PARANORMAL CIRCLES.

### HOW CAN I START LEARNING REMOTE VIEWING AT HOME?

To start learning remote viewing at home, begin by practicing meditation and improving your focus. Use guided remote viewing exercises available online, such as attempting to describe hidden images or locations without prior knowledge. Keeping a journal to record your impressions and reviewing them later can help improve accuracy.

### ARE THERE ANY TOOLS OR TECHNIQUES RECOMMENDED FOR REMOTE VIEWING BEGINNERS?

YES, BEGINNERS OFTEN USE TECHNIQUES LIKE RELAXATION EXERCISES, CONTROLLED BREATHING, AND VISUALIZATION TO ENHANCE CONCENTRATION. TOOLS SUCH AS BLIND TARGET ENVELOPES (SEALED AND UNKNOWN IMAGES) OR ONLINE REMOTE VIEWING APPS CAN PROVIDE STRUCTURED PRACTICE. CONSISTENCY AND PATIENCE ARE KEY TO DEVELOPING REMOTE VIEWING SKILLS.

#### CAN REMOTE VIEWING BE USED FOR PRACTICAL PURPOSES OR DECISION MAKING?

Some practitioners claim that remote viewing can be used for gathering information, problem-solving, or decision making, especially in fields like research or creative brainstorming. However, since remote viewing lacks scientific validation, it should not be relied upon solely for critical decisions or factual information.

#### IS REMOTE VIEWING SCIENTIFICALLY PROVEN OR RECOGNIZED?

REMOTE VIEWING REMAINS CONTROVERSIAL AND IS NOT WIDELY ACCEPTED BY THE SCIENTIFIC COMMUNITY. WHILE SOME GOVERNMENT PROGRAMS, SUCH AS THE CIA'S STARGATE PROJECT, INVESTIGATED REMOTE VIEWING IN THE PAST, CONCLUSIVE EVIDENCE OF ITS EFFECTIVENESS HAS NOT BEEN ESTABLISHED. MOST EXPERTS CONSIDER IT A PSEUDOSCIENCE.

# ADDITIONAL RESOURCES

- 1. Remote Viewing: The Complete User's Manual for Coordinate Remote Viewing
  This comprehensive guide by David Morehouse introduces readers to the fundamentals of coordinate remote viewing (CRV). It covers practical exercises and protocols designed to develop and enhance the viewer's ability to perceive distant or unseen targets. Suitable for beginners and experienced practitioners, the book blends theory with actionable steps.
- 2. THE SEVENTH SENSE: THE SECRETS OF REMOTE VIEWING AS TOLD BY A "PSYCHIC SPY"
  WRITTEN BY LYN BUCHANAN, A FORMER ARMY REMOTE VIEWER, THIS BOOK OFFERS AN INSIDER'S PERSPECTIVE ON THE U.S. MILITARY'S REMOTE VIEWING PROGRAM. IT EXPLAINS THE TECHNIQUES USED DURING COVERT OPERATIONS AND PROVIDES TRAINING TIPS FOR READERS INTERESTED IN DEVELOPING THEIR OWN REMOTE VIEWING SKILLS. BUCHANAN'S NARRATIVE BRIDGES SCIENTIFIC INQUIRY AND PERSONAL EXPERIENCE.
- 3. Remote Viewing Secrets: A Handbook

  Joseph McMoneagle, one of the most successful remote viewers, shares his personal experiences and practical advice in this handbook. The book outlines methodologies for improving accuracy and focus while remote viewing. It is a valuable resource for anyone looking to deepen their understanding of the practice.
- 4. MIND TREK: EXPLORING CONSCIOUSNESS, TIME, AND SPACE THROUGH REMOTE VIEWING

JOSEPH McMoneagle delves into the broader implications of remote viewing beyond mere technique. The book discusses consciousness, time, and the nature of reality through the lens of remote viewing experiments. It offers readers a thoughtful exploration of how remote viewing intersects with human perception.

- 5. REMOTE VIEWING: THE SCIENCE AND THEORY OF NONPHYSICAL PERCEPTION
  THIS WORK BY COURTNEY BROWN PRESENTS REMOTE VIEWING FROM A SCIENTIFIC AND THEORETICAL STANDPOINT. IT EXAMINES THE PROTOCOLS USED IN REMOTE VIEWING EXPERIMENTS AND DISCUSSES THE EVIDENCE SUPPORTING ITS VALIDITY. THE BOOK ALSO EXPLORES THE POTENTIAL APPLICATIONS AND LIMITATIONS OF REMOTE VIEWING.
- 6. Reading the Enemy's Mind: Inside Star Gate—America's Psychic Espionage Program

  Paul H. Smith, a former remote viewer and military intelligence officer, recounts the history of the Star Gate program. The book provides detailed accounts of remote viewing operations and training techniques employed during the Cold War. It offers an engaging blend of memoir and instructional content.
- 7. PSYCHIC WARRIOR: INSIDE THE CIA'S STARGATE PROGRAM
  AUTHOR DAVID MOREHOUSE SHARES HIS JOURNEY FROM SOLDIER TO REMOTE VIEWER IN THIS COMPELLING NARRATIVE. THE BOOK
  OUTLINES THE TRAINING METHODS USED BY THE MILITARY AND OFFERS PRACTICAL GUIDANCE FOR ASPIRING REMOTE VIEWERS. IT
- 8. REMOTE VIEWING FOR THE BEGINNER: A GUIDE TO VIEWING THE UNKNOWN
  THIS BEGINNER-FRIENDLY GUIDE BREAKS DOWN THE BASICS OF REMOTE VIEWING IN AN ACCESSIBLE FORMAT. IT PROVIDES STEP-BY-STEP INSTRUCTIONS, SAMPLE EXERCISES, AND TIPS TO BUILD CONFIDENCE AND SKILL. IDEAL FOR THOSE NEW TO THE PRACTICE, THE BOOK EMPHASIZES CLARITY AND SIMPLICITY.

ALSO ADDRESSES SKEPTICISM AND PRESENTS EVIDENCE SUPPORTING THE PHENOMENON.

9. THE REMOTE VIEWING WORKBOOK: THE ART AND SCIENCE OF SEEING THE UNKNOWN
A PRACTICAL WORKBOOK DESIGNED TO ACCOMPANY REMOTE VIEWING TRAINING, THIS BOOK OFFERS EXERCISES AND
STRUCTURED PRACTICE SESSIONS. IT HELPS READERS DEVELOP THEIR INTUITIVE ABILITIES WHILE MAINTAINING A DISCIPLINED APPROACH. THE WORKBOOK IS SUITABLE FOR SELF-STUDY OR GUIDED TRAINING ENVIRONMENTS.

# **How To Remote View**

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how to remote view: Remote Viewing for Beginners Brian Doughty, 2021-07-24 SECRET PSYCHIC TRAINING USED IN US MILITARY FOR OVER 20 YEARS, NOW AVAILABLE TO EVERYDAY PEOPLE... Unleash Your Inner Remote Viewing Powers Every Person Has But Most Don't Know How To Use! I was wrong. Dead wrong. I thought that remote viewing, just as I described it in the Headline, is some sort of magic super-power that's been used more to fool people and make money than address real-world problems and find solutions. How did my mind change? It's

simple. I began practicing Remote Viewing about 5 years ago using the methods I will teach you inside this book. Results? After about 30 days, I managed to describe 7 products out of 9 in detail. Pretty powerful, isn't it? Anyway, I don't want you to take that long to achieve this kind of result and unleash the power you already have inside you, and throughout this book, I will tell you exactly how to do that the easy way. Take a look at what's inside: The fundamental principles of REMOTE VIEWING - how to make sure you succeed from the beginning? What are the Levels of Remote Viewing, and how to know where you are at? How to achieve a mental state you have to be into to VIEW things clearly and efficiently? (without this piece, it's not going to work) How to train your remote viewing skills to get good in the fastest time possible? Exclusive Remote Viewing training that has been practiced by professionals who make big bucks from this craft What are ESP techniques are and can you use them to feel objects when you don't see them? (extremely powerful and super exciting info you can't miss out on!) Let's start practicing! Your sample remote viewing session is here Much much more... Remember, this is not magic. It's like that weird thing when you feel that someone is staring at you, then you lift your head up, and you see that person. And this book will take senses like these to a completely different level. Enjoy! Scroll up, click on Buy Now and Start Reading!

how to remote view: Remote Viewing Secrets Joseph McMoneagle, 2013 Remote viewing is not simply using psychic ability to obtain information. It is using scientific protocol to develop and extend that ability, so that ordinary people can learn to do what psychics do. This book teaches you how to teach yourself. Joseph McMoneagle learned remote viewing in the U.S. Army--he was Remote Viewer #001 in the Army's Stargate program--and was awarded the Legion of Merit for his contribution to various intelligence operations. In Remote Viewing Secrets, the author of Mind Trek and The Ultimate Time Machine uses examples, exercises, and anecdotes to share what he learned and how he learned it, and gives you everything you need to begin developing your own abilities. Remote Viewing Secrets is easily the most complete, authentic, and informative guide to remote viewing published to date.

how to remote view: Remote Viewing Dr Irina Webster, 2025-03-01 What if the boundaries between the physical and intuitive worlds were mere illusions? What if the key to healing lies in the interconnected energy that unites us all? In Remote Viewing: Bridging Science, Intuition, and Healing, Dr. Irina Webster takes readers on a transformative journey into the fascinating practice of Remote Viewing. Rooted in her medical background as a specialist in Immunology and Allergy and her introduction to Psychoneuroimmunology—the science of how the mind affects the body—Dr. Webster shares her extraordinary experiences. During her time in Russia, as a young doctor exploring energy sensing on patients within an informal group, Dr. Webster was approached by two Cold War-era Remote Viewing experts. Their revelations opened her eyes to the striking parallels between tuning into the energy of the human body and viewing external objects across time and space. Now a renowned Medical Intuitive, Dr. Webster combines these techniques with her intuitive healing work. This book introduces practical methods of Remote Viewing to transform health, healing, and daily life while reminding us of the deep interconnectedness of all things. Discover how to enter the energy field and embrace the unity that binds us in infinite ways. Your journey to Remote Viewing, intuitive healing, and the unity of all begins here.

how to remote view: Remote Viewing David Morehouse, 2010-11-05 It possible to see across space and time Even those who accept that humans can reach beyond the conventional five senses typically think of psychics as special or gifted with unusual abilities. But David Morehouse teaches other wise all human beings, including you, have the innate capacity for Remote Viewing. David Morehouse was trained by the U.S. government in Remote Viewing an exact scientific protocol for tapping the human power to gather information across space and time. In this comprehensive manual, he has taken his military training as an operational Remote Viewer and turned it into a step-by-step training system one that teaches any serious reader how to unlock their natural abilities and become more than the physical world allows. You have the ability to do this, Morehouse says. Something extraordinary is absolutely possible in your life. Remote Viewing is more than simply a

method for gathering information. It is a transformational tool instilling within you the absolute and irrefutable evidence that you are more than human that you are extraordinarily human. As you gain experience and confidence as a Viewer, you will tap into the collective unconscious that connects you to everything and everyone in the universe. Through David More house's training, you will learn to touch the infinite source of life and knowledge that spiritual masters throughout human history have sought.

how to remote view: Remote Viewing, "What Is It Really?" Nancy C Jeane, 2015-08-31 Solve the Mystery: Remote Viewing, What is it Really? This small booklet could be of great value to anyone interested in the subject of Remote Viewing. It is a simple explanation of this amazing technique; developed by the U.S. Government, that was used in the highly confidential Star Gate Remote Viewing Program from 1972-1995. Inside we present the five-steps for understanding Remote Viewing, under the topics of: - History - Definition - Kinds - Study/Training - Experience. Upon reading this, you too can better appreciate the complex mysterious phenomenon called Remote Viewing. It is a great teaching tool for study groups and individuals who may be curious about this topic. It is also a great study piece to go along with the book Reading My Mind, A Personal Journal.

how to remote view: Remote Viewing Tim Rifat, 2001 Remote viewing is the ability to travel out of one's body to remote locations.he author reveals how remote viewing has been used in psychic warfare forver 50 years and how the world's superpowers have used it to spy on eachther...and us.;At the height of the Cold War, both the Soviet Union and thenited States developed a new and terrible form of warfare calledsychotronics. This school of espionage included ESP and psychic spying (usedo read enemies' minds for psychic interrogation) as well as telepathicypnosis (the ability to hypnotize from a distance) and even remote killing.he book not only charts the history of psychotronics but also revealspecific incidents in which it has been used.

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how to remote view: Remote Viewing Secrets [eBook - Biblioboard] Joseph McMoneagle, 2015 Remote viewing is not simply using psychic ability to obtain information. It is using scientific protocol to develop and extend that ability, so that ordinary people can learn to do what psychics do. This book teaches you how to teach yourself. Joseph McMoneagle learned remote viewing in the U.S. Army—he was Remote Viewer #001 in the Army's Stargate program—and was awarded the Legion of Merit for his contribution to various intelligence operations. In Remote Viewing Secrets, the author of Mind Trek and The Ultimate Time Machine uses examples, exercises, and anecdotes to share what he learned and how he learned it, and gives you everything you need to begin developing your own abilities. Remote Viewing Secrets is easily the most complete, authentic, and informative guide to remote viewing published to date.

how to remote view: The Essential Guide to Remote Viewing Paul H. Smith, 2015-05-31 Written by one of the world's leading experts in the field, The Essential Guide to Remote Viewing is a basic introduction to the extraordinary extrasensory perceptual skill which was developed for the US military during the Cold War. This book describes what remote viewing is, how it came to be, what kinds of remote viewing there are, and counters skeptical arguments against remote viewing's legitimacy. Further, the book contains examples of successful remote viewing attempts, explains how remote viewing can be used for practical purposes, how ordinary civilians can themselves now learn to do it, and outlines experiments that readers can try for themselves. The ideal reader of The Essential Guide to Remote Viewing will be someone who knows little or nothing about remote

viewing and wants an inexpensive source for credible information. Others who will be interested are those who are involved in remote viewing and want an easily-accessible introduction to give to friends or relatives who have questions about what this thing is their loved ones have gotten involved with. Finally, those who are already involved with remote viewing but feel the need to extend their basic knowledge will find this book both interesting and useful.

how to remote view: Prophecy: A History and How to Guide Martin K. Ettington, The ability to tell the future has always fascinated man since prehistoric times. Prophets have spawned numerous religions and methods of divination to tell the future. Prophets are not only able to predict some major events seems but may be able to control them. Prophets from the Bible were considered major persons of importance in those times and their predictions were major influences on the decisions of leaders. In my own life I've had numerous experiences with premonitions involving the future. They have varied from strong visions, to dreams, to vague feelings, to strong fear. Even though I've studied many other types of paranormal experiences and had many, these experiences about future events seem to be my strongest natural precognitive ability. These events also formed major influences on my life, and their study and analysis has therefore been a big passion of mine. In this book my goal is to cover explain the history of Prophecy and Divination, describe the types of experiences people have, and to analyze these phenomena.

how to remote view: Impossible Realities Maureen Caudill, 2012-01-01 For skeptics and true believers alike. This groundbreaking book explores the various manifestations of psychic and paranormal activity and argue-largely on a rational and scientific basis - that these phenomena are real and need to be taken seriously by science. At long last, a scientist proves that paranormal phenomenon is real. Caudill, a career computer scientist specializing in artificial intelligence and neural networks, presents a wealth of anecdotal and empirical evidence to prove the existence (and power) of: Psychokinesis (most famously spoon bending), Remote viewing Energy healing Telepathy, animal telepathy Precognition Survival after death Reincarnation

how to remote view: A Windows NTTM Guide to the Web Richard Raucci, 2011-06-27 NT as an Operating System Microsoft developed Windows NT as an alternative to Unix. The company sees it as a part of its overall Enterprise Computing plan. It scales up from basic 486 systems to high-end RISC systems from companies like Digital, NEC, and PCvendors offering PowerPC systems for NT. The basic operating system consists of a user interface shell (similar in appearance to Windows 3.1 for NT 3.1 to 3.5, and changing to look and feel more like Windows 95 for NT 4.0) de signed to run 32-bit programs. This makes it ideal for the multi media nature of Web browsers, and for the heavy-duty require ments of a Web server. There are a number of elements in the as that are special to NT. These include the control panelsand administrative support tools relating to NT's services and support mechanisms. TCP/IP is included for Internetaccess throughtraditional networks. You can also connect from Windows NTWorkstation via MS Remote Access to any Internet Access Providers upporting PPP. Basic requirements for Windows NT Workstation are a 486 system with at least 8 MB of RAM, although 16 MB is recommended. The client software needed to connect to a corporate server is included, as is the Remote Access software mentioned earlier. 1. Introduction FIGURE 1.1. NT4.0 operating system.

**how to remote view: The Hidden Reality** T. Michael Griffith, 2020-04-02 This book is about a man who experiences two different lifetimes, one of them in another place and time period with life-forms he encounters.

how to remote view: The Remote-Viewing Workbook Margie Kay, 2019-08-23 Remote-Viewing is the act of seeing objects near or far by using the mind. For anyone who wants to learn how to activate their psychic center or sixth sense and to Remote-View, this book will help them achieve their goals. Margie Kay not only explains what Remote Viewing is but gives the reader many different methods to use to become accurate. Remote-Viewers can find lost objects, look at past and even future events, locate missing persons or pets, find the source of vehicle problems, see health issues inside the human body, and much more. Persons who are psychic can learn Remote-Viewing more easily than others, but anyone can learn how to do RV work! Practice using the skills tests in

this book and become a more efficient and accurate Remote-Viewer.

how to remote view: Touching the Light Meg Blackburn Losey, 2011-11-01 Psychic and master healer Meg Losey shares her alternative healing techniques for mind, body, and spirit in Touching The Light. Losey shows how channeled systems of healing stem from our perception, energy, and participation in our own journeys. She shares the techniques that she has learned from her human and etheric teachers that readers can use on themselves and others. How is it that miracles happen? Is spontaneous healing really possible? Why is it that some illnesses don't show up in standard or even specialized medical testing, yet are very real in their effects? Can someone be "cosmically sick" with no apparent physical cause? How do the people and places around us affect us in our everyday lives? Can we intentionally and effectively create miracles of healing to change lives, or to effect positive outcomes even when situations seem hopeless? How can symbols of light be used to instantly attune someone's entire energy system? Meg Blackburn Losey answers these questions and many others in this ground-breaking book. Touching the Light brings the reader into previously unknown worlds of healing and explains not only how energy healing is possible but how it works. It is the quintessential instruction manual for holistic healing in the third dimension and beyond!

how to remote view: Building Client-Server Applications with Visual FoxPro and SQL Server 7. 0 Gary DeWitt, Chuck Urwiler, Mike Levy, Leslie Koorhan, 2000 Visual FoxPro is the perfect front end for client-server applications. Its robust user interface, native local data engine and integral hooks into binding with remote data sources, and rich object model, combined with the powerful SQL Server database engine are an unbeatable combination. But with power and flexibility comes potential complexity. Client-Server Applications with Visual FoxPro and SQL Server teaches users how to put these two powerful tools together and take advantage of the best features of both.

**how to remote view:** Secret Body Jeffrey J. Kripal, 2017-11-14 "An academic memoir . . . addresses topics as diverse as Hindu Tantra, Christian mysticism, American counterculture, and the history of the paranormal." -Los Angeles Review of Books Over the course of his twenty-five-year career, Jeffrey J. Kripal's study of religion has had two major areas of focus: the erotic expression of mystical experience and the rise of the paranormal in American culture. This book brings these two halves together in surprising ways through a blend of memoir, manifesto, and anthology, drawing new connections between these two realms of human experience and revealing Kripal's body of work to be a dynamic whole that has the potential to renew and reshape the study of religion. Kripal tells his story, biographically, historically and politically contextualizing each of the six books of his Chicago corpus, from Kali's Child to Mutants and Mystics, all the while answering his censors and critics and exploring new implications of his thought. In the process, he begins to sketch out a speculative "new comparativism" in twenty theses. The result is a new vision for the study of religion, one that takes in the best of the past, engages with outside critiques from the sciences and the humanities, and begins to blaze a new positive path forward. A major work decades in the making, Secret Body will become a landmark in the study of religion. "Kripal presents us with a compilation of theories, cultural references and anecdotes making up an impassioned thesis about the future of religious studies and 'what human beings may become' . . . For all its eccentricities, Kripal's work is playful, engaging and original." —Times Higher Education

how to remote view: Reading the Enemy's Mind Paul H. Smith, 2005-12-27 "An up-close-and-personal look behind the scenes of the government's psychic spy program as only an insider can. A must read!" —Harold E. Puthoff, PhD, founder and former director of the CIA-initiated Remote Viewing Program From behind the cloak of US military secrecy comes the story of Star Gate, the project that for nearly a quarter of a century trained soldiers and civilian spies in extra-sensory perception (ESP). Their objective: To search out the secrets of America's cold war enemies using a skill called "remote viewing." Paul H. Smith, a US Army Major, was one of these viewers. With the Star Gate secrets declassified and the program mothballed by the Central Intelligence Agency, the story can now be told of the ordinary soldiers drafted onto the battlefield of human consciousness. Using hundreds of interviews with the key players in the Star Gate program, and gathering thousands of pages of documents, Smith reveals many secrets about how remote

viewing works and how it was used against enemy targets. Among these stories are the search for hostages in Lebanon; spying on Soviet directed energy weapons; investigating the bombing of Pan Am Flight 103 over Lockerbie, Scotland; tracking foreign testing of weapons of mass destruction; combating narco-trafficking off America's coasts; aiding in the Iranian hostage situation; finding KGB moles in the CIA; pursuing Middle East terrorists; and more. This is a story for the believer and the skeptic—a rare look at the innards of a top secret program and an eye-opening treatise on the power of the human mind to transcend the limitations of space and time.

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