

adult functional assessment

adult functional assessment is a critical process used by healthcare professionals to evaluate an individual's capability to perform daily activities and maintain independence. This assessment plays a vital role in identifying physical, cognitive, and emotional limitations that might affect a person's quality of life. Understanding the functional status of adults allows for targeted intervention, rehabilitation planning, and support services tailored to the individual's needs. The assessment encompasses various domains such as mobility, self-care, communication, and social interaction. By using standardized tools and clinical judgment, practitioners can monitor progress, predict outcomes, and improve patient-centered care. This article explores the purpose, methods, and applications of adult functional assessment, emphasizing its importance in clinical and community settings. The following sections break down the key aspects of this evaluation to provide a comprehensive overview.

- Purpose and Importance of Adult Functional Assessment
- Key Domains Evaluated in Adult Functional Assessment
- Common Tools and Techniques Used
- Applications in Healthcare and Rehabilitation
- Challenges and Considerations in Conducting Assessments

Purpose and Importance of Adult Functional Assessment

Adult functional assessment serves as a foundational step in understanding an individual's ability to manage everyday tasks. Its primary purpose is to identify functional deficits that may hinder autonomy and quality of life. This evaluation informs healthcare providers, caregivers, and patients about the level of support required to maintain or improve independence. It also aids in setting realistic goals for treatment and rehabilitation programs.

Enhancing Patient Care Planning

By pinpointing specific functional limitations, healthcare teams can design personalized care plans that address the unique needs of each adult. These plans often result in better outcomes, including reduced hospital readmissions and improved patient satisfaction.

Supporting Decision-Making

Functional assessments help guide critical decisions related to living arrangements, assistive device recommendations, and eligibility for community resources. These decisions are essential for ensuring safety and well-being in various environments.

Key Domains Evaluated in Adult Functional Assessment

The assessment covers multiple domains that collectively reflect an individual's overall functioning. These domains include physical, cognitive, emotional, and social aspects, each contributing to a holistic understanding of capability.

Physical Function

Physical function evaluates mobility, strength, coordination, balance, and endurance. These factors influence the ability to perform activities such as walking, climbing stairs, and handling objects.

Activities of Daily Living (ADLs)

ADLs consist of basic self-care tasks necessary for independent living. These include:

- Bathing and grooming
- Dressing
- Feeding
- Toileting
- Transferring (e.g., moving from bed to chair)

Instrumental Activities of Daily Living (IADLs)

IADLs involve more complex tasks that support independent living in the community. Common IADLs include:

- Managing finances

- Medication management
- Cooking and meal preparation
- Housekeeping and cleaning
- Using transportation

Cognitive and Emotional Function

This domain assesses memory, problem-solving skills, attention, and emotional regulation. Cognitive impairments or emotional disturbances can significantly impact functional abilities and overall quality of life.

Common Tools and Techniques Used

Various objective instruments and observational methods facilitate comprehensive adult functional assessments. These tools provide standardized measures to ensure accuracy and reliability.

Standardized Assessment Instruments

Some widely used tools include:

- **Katz Index of Independence in Activities of Daily Living:** Measures basic ADLs
- **Lawton Instrumental Activities of Daily Living Scale:** Assesses IADLs
- **Timed Up and Go (TUG) Test:** Evaluates mobility and balance
- **Mini-Mental State Examination (MMSE):** Screens cognitive function

Clinical Observation and Interview

Beyond standardized tests, direct observation of task performance and patient interviews help gather contextual information about functional capabilities and challenges. These qualitative data complement quantitative scores.

Technological Assistance

Emerging technologies such as wearable sensors and electronic health records enhance the accuracy and efficiency of assessments by tracking real-time activity and health metrics.

Applications in Healthcare and Rehabilitation

Adult functional assessments are integral to various healthcare disciplines and rehabilitation settings. Their applications extend across acute care, long-term care, and community health programs.

Rehabilitation Planning and Monitoring

Functional assessments guide rehabilitation professionals in designing and adjusting therapy interventions. Regular follow-up assessments measure progress and help refine goals.

Discharge Planning

Hospitals and care facilities use functional assessment results to plan safe discharge environments, including recommendations for home modifications or caregiver support.

Chronic Disease Management

Managing chronic conditions such as arthritis, stroke, or Parkinson's disease involves ongoing evaluation of functional status to optimize treatment strategies and prevent decline.

Insurance and Disability Determination

Functional assessments provide objective evidence used by insurance companies and government agencies to determine eligibility for benefits and services.

Challenges and Considerations in Conducting Assessments

Despite their usefulness, adult functional assessments face several challenges that can affect accuracy and applicability.

Variability in Assessment Tools

Choosing the appropriate tool requires consideration of the patient's condition, setting, and purpose of assessment. Inconsistent use of instruments can lead to unreliable comparisons over time.

Patient Factors

Motivation, fatigue, and cultural differences may influence performance during assessments. Clinicians must accommodate these factors to avoid biased results.

Environmental Influences

Assessment settings, such as clinical versus home environments, impact functional demonstration. Real-world performance may differ from clinical observations.

Interdisciplinary Collaboration

Effective assessments often require coordination among healthcare providers, including physicians, therapists, and social workers, to address the multifaceted nature of functional status.

Frequently Asked Questions

What is an adult functional assessment?

An adult functional assessment is a systematic evaluation of an individual's ability to perform activities of daily living (ADLs) and instrumental activities of daily living (IADLs), which helps determine their level of independence and need for support or intervention.

Why is adult functional assessment important?

Adult functional assessment is important because it helps healthcare providers identify limitations in physical, cognitive, and social functioning, enabling tailored care plans to improve quality of life and ensure safety.

What are the common tools used in adult functional

assessment?

Common tools include the Katz Index of Independence in Activities of Daily Living, Lawton Instrumental Activities of Daily Living Scale, Timed Up and Go (TUG) test, and the Functional Independence Measure (FIM).

Who typically performs an adult functional assessment?

Adult functional assessments are typically performed by healthcare professionals such as occupational therapists, physical therapists, nurses, geriatricians, or social workers.

How is cognitive function evaluated in an adult functional assessment?

Cognitive function is often evaluated using screening tools like the Mini-Mental State Examination (MMSE) or Montreal Cognitive Assessment (MoCA) to assess memory, attention, language, and problem-solving skills.

Can adult functional assessment help in discharge planning?

Yes, adult functional assessments provide critical information about a patient's capabilities and needs, which helps healthcare teams develop effective discharge plans and determine if additional support or rehabilitation is required.

How often should adult functional assessments be conducted?

The frequency varies depending on the individual's health status, but assessments are commonly conducted upon hospital admission, after major health events, periodically during chronic disease management, and when there is a noticeable change in function.

What role does adult functional assessment play in managing chronic illnesses?

Adult functional assessment helps track changes in physical and cognitive abilities over time in individuals with chronic illnesses, guiding adjustments in treatment plans to maintain independence and prevent complications.

Additional Resources

1. *Functional Assessment for Adults with Disabilities*

This book provides a comprehensive overview of functional assessment methods tailored for adults with various disabilities. It covers practical tools and strategies to evaluate daily living skills, communication, and social interaction. The text is ideal for clinicians, therapists, and caregivers aiming to develop personalized intervention plans.

2. *Adult Functional Assessment: Principles and Practices*

A foundational text that explores the theoretical frameworks and practical applications of functional assessments in adult populations. The book discusses assessment techniques across physical, cognitive, and emotional domains, emphasizing evidence-based approaches. It serves as a valuable resource for healthcare professionals involved in rehabilitation and long-term care.

3. *Assessing Functional Capacity in Adults: A Guide for Clinicians*

Focused on clinical practice, this guide details standardized tools and procedures for assessing functional capacity in adults. It highlights assessment in contexts such as occupational therapy, physical therapy, and geriatric care. The book includes case studies to illustrate best practices and common challenges in functional evaluation.

4. *Functional Assessment and Intervention in Adult Neurorehabilitation*

This volume addresses the assessment of functional abilities in adults recovering from neurological injuries or diseases. It integrates assessment data with intervention planning to enhance rehabilitation outcomes. Topics include motor skills evaluation, cognitive function testing, and adaptive equipment recommendations.

5. *Comprehensive Functional Assessment in Adult Mental Health*

Emphasizing mental health, this book explores the role of functional assessments in diagnosing and treating adult psychiatric conditions. It covers assessment of daily living activities, social skills, and vocational abilities. The author provides guidance on tailoring assessments to support recovery-oriented care.

6. *Functional Assessment Tools for Older Adults*

A specialized resource focusing on functional assessments in the elderly population. The book reviews assessment instruments that measure mobility, self-care, and cognitive function relevant to aging adults. It also discusses how assessment results inform care planning and promote independence.

7. *Practical Functional Assessment Strategies for Adult Caregivers*

Designed for caregivers and support staff, this book offers accessible strategies for conducting functional assessments in home and community settings. It highlights observational techniques and simple screening tools to identify strengths and areas of need. The text aims to empower caregivers in supporting adult functional independence.

8. *Functional Assessment in Adult Substance Use Treatment*

This book explores the integration of functional assessments in the treatment of adults with substance use disorders. It examines how functional impairments impact recovery and the importance of assessing life skills and psychosocial functioning. The author provides practical frameworks to enhance treatment planning.

9. *Technology-Assisted Functional Assessment for Adults*

Focusing on innovative approaches, this book discusses the use of technology in functional assessment processes. Topics include digital assessment tools, telehealth applications, and wearable devices that monitor functional performance. The book highlights how technology can improve accuracy and accessibility in adult assessments.

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adult functional assessment: Nursing for Wellness in Older Adults Carol A. Miller, 2009 Now in its Fifth Edition, this text provides a comprehensive and wellness-oriented approach to the theory and practice of gerontologic nursing. Organized around the author's unique functional consequences theory of gerontologic nursing, the book explores normal age-related changes and risk factors that often interfere with optimal health and functioning, to effectively identify and teach health-promotion interventions. The author provides research-based background information and a variety of practical assessment and intervention strategies for use in every clinical setting. Highlights of this edition include expanded coverage of evidence-based practice, more first-person stories, new chapters, and clinical tools such as assessment tools recommended by the Hartford Institute of Geriatric Nursing.

adult functional assessment: Functional Performance in Older Adults Bette R Bonder,

Vanina Dal Bello-Haas, 2017-12-04 Support the very best health, well-being, and quality of life for older adults! Here's the ideal resource for rehabilitation professionals who are working with or preparing to work with older adults! You'll find descriptions of the normal aging process, discussions of how health and social factors can impede your clients' ability to participate in regular activities, and step-by-step guidance on how to develop strategies for maximizing their well-being.

adult functional assessment: Functional Performance in Older Adults Bette Bonder, Noralyn Pickens, Vanina Dal Bello-Haas, 2024-02-15 Support the health, well-being, and quality of life of older adults! Here's the ideal resource for students who are preparing to work with older adults. This text discusses the complexity of the aging experience, the science that contributes to positive aging, and the specific considerations that occupational therapy practitioners must bring to their efforts to support older adults. You'll find descriptions of the normal aging process, discussions of how health and social factors can impact your clients' ability to participate in valued occupations, and guidance on how to develop occupation-based strategies for maximizing their well-being.

adult functional assessment: *Caring for the Older Adult* Patricia O'Neill, 2002-01-01 CARING FOR THE OLDER ADULT: A HEALTH PROMOTION PERSPECTIVE is a concise, straightforward LPN/LVN textbook covering the essentials of gerontologic nursing from a strong health promotion perspective. The nature of normal aging, as well as disorders common to the elderly, are discussed. This resource also addresses concepts and issues related to promoting both physical and psychological health in an aging population. The engaging, easy-to-read, informal writing style draws the reader into the subject while conveying important information.

adult functional assessment: **Clinician's Handbook of Adult Behavioral Assessment** Michel Hersen, 2006 Given the vast amount of research related to behavioral assessment, it is difficult for clinicians to keep abreast of new developments. In recent years, there have been advances in assessment, case conceptualization, treatment planning, treatment strategies for specific disorders, and considerations of new ethical and legal issues. Keeping track of advances requires monitoring diverse resources limited to specific disorders, many of which are theoretical rather than practical, or that offer clinical advice without providing the evidence base for treatment recommendations. This handbook was created to fill this gap, summarizing critical information for adult behavioral assessment. The Clinician's Handbook of Adult Behavioral Assessment provides a single source for understanding new developments in this field, cutting across strategies, techniques, and disorders. Assessment strategies are presented in context with the research behind those strategies, along with discussions of clinical utility, and how assessment and conceptualization fit in with treatment planning. The volume is organized in three sections, beginning with general issues, followed by evaluations of specific disorders and problems, and closing with special issues. To ensure cross chapter consistency in the coverage of disorders, these chapters are formatted to contain an introduction, assessment strategies, research basis, clinical utility, conceptualization and treatment planning, a case study, and summary. Special issue coverage includes computerized assessment, evaluating older adults, behavioral neuropsychology, ethical-legal issues, work-related issues, and value change in adults with acquired disabilities. Suitable for beginning and established clinicians in practice, this handbook will provide a ready reference toward effective adult behavioral assessment.

adult functional assessment: Adult Neurogenic Language Disorders Joan C. Payne, 2014-02-25

adult functional assessment: **Functional Assessment for Challenging Behaviors** Johnny L. Matson, 2012-05-26 As the cornerstone of applied behavior analysis, functional assessment is supported by a burgeoning literature that focuses on identification of and interventions for aggressive, self-injurious, and other challenging behaviors. Although the number of research studies continues to grow, full-length volumes on using functional assessment to address these behaviors remain few and far between. Comprehensive in coverage, Functional Assessment for Challenging Behaviors expands the knowledge base by providing information on all aspects of its topic. This unique volume addresses basic questions in salient detail, from types and rates of challenging

behaviors to populations that warrant functional assessment. In addition, it examines typical assessment techniques, including interview, scaling, experimental, and in vivo methods. The use of functional assessment in treatment planning – and in combination with other interventions – is covered in depth. An especially timely chapter identifies key ethical and legal concerns in working with challenging behavior populations. Coverage includes: The history of behavior analysis and functional assessment. The nature, prevalence, and characteristics of challenging behaviors. Interview and observation methods in functional assessment and analysis. Experimental functional analysis for challenging behaviors. Treatment methods commonly used with functional assessment. Using functional assessment in treatment planning. Functional Assessment for Challenging Behaviors is an essential resource for researchers, scientist-practitioners, and graduate students in clinical child and school psychology, pediatric psychiatry and medicine, social work, rehabilitation, and developmental psychology.

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adult functional assessment: Study Guide & Laboratory Manual for Physical Examination & Health Assessment E-Book Carolyn Jarvis, Ann L. Eckhardt, 2023-01-02 Both a comprehensive lab manual and a practical workbook, the Study Guide & Laboratory Manual for Physical Examination & Health Assessment, 9th Edition gives you the tools you need to master physical examination and health assessment skills in the lab and in clinical practice. Corresponding to the bestselling Jarvis textbook, this guide features terminology reviews, application activities, clinical judgment questions, regional write-up sheets, and narrative summary forms, with answers to study questions at the back of the book to facilitate both learning and review. The 9th edition has been thoroughly updated with a fresh focus on the Next Generation NCLEX® (NGN), with case studies featuring new NGN question formats to prepare you not only for the skills laboratory, but for success on the NCLEX® and in interprofessional collaborative practice. - Authoritative review and guidance for laboratory experiences, personally written by the textbook authors, provide a seamlessly integrated study and clinical experience. - Consistent format includes Terminology Review, Study Guide, and Clinical

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adult functional assessment: *Evidence-Based Geriatric Nursing Protocols for Best*

Practice Marie Boltz, Marie P. Boltz, Elizabeth Capezuti, Terry T. Fulmer, 2024-09-26 Praise for previous editions: The evidence-based protocols are designed as a primary reference and are useful, substantive, and timely....The broader contributions of useful format and succinct review of the evidence make it likely that this text will continue to be the leading resource in nursing education and practice. --The Gerontologist As a gerontological clinical educator/research nurse, I will often use this as a reference. The format and the content are good, and the explanations of how to best use the evidence simplify the process of sifting through mountains of information to figure the best practice. Score: 97 --Doodys The result of a collaboration between expert practitioners and educators in geriatric nursing, the seventh edition of this acclaimed reference has been updated and revised with new information on chronic conditions and emerging models of care presented in 10 completely new chapters. It provides the most current, evidence-based protocols for improving both quality of care and patient outcomes when caring for older adults in multiple disciplines and settings. As in past editions, the seventh edition is distinguished by its use of a rigorous systematic method (AGREE: Appraisal of Guidelines for Research and Evaluation) to improve the validity of the book's evidence-based content. Chapters provide assessment and management principles, clinical interventions, and information on specialty practice and models of care. Included in most chapters are protocols developed for each clinical condition by experts in that specific area. Evidence is current and derived from all settings of care, including community, primary, acute, and long-term care. Protocols include an overview and evidence-based assessment and intervention strategies. Illustrative case studies with discussion are presented in most chapters, along with chapter objectives and references with evidence ratings. Instructor's resources include an AACN Mapping Grid, Course Cartridge, Transition Guide, PowerPoints, and Test Bank. New to the Seventh Edition: Updated to encompass the latest trends in older adult care, chronic conditions, and emerging models of care New chapters on care and management of diabetes and respiratory care New chapters on issues surrounding nutrition and dementia, and mental illness New chapter on care and comfort at the end of life New chapters on adopting principles of diversity, equity, and inclusion and an age-friendly health system into practice New chapters on models of care in long-term, community-based, and primary care Key Features: Delivers easy-to-follow geriatric protocols for best practices Updates evidence regularly to reflect current practice standards Encompasses a broad scope of content including detailed information rarely covered in professional literature Offers case studies and discussions to illustrate application of protocol to practice Written by renowned leaders in geriatric nursing education and practice Use of AGREE (Appraisal of Guidelines for Research and Evaluation) to improve the validity of evidence throughout the text

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and all clinicians studying to work with aging patients.

adult functional assessment: *Diagnostic Interviewing* Daniel L. Segal, 2019-03-11 A cornerstone of the professional relationship and a vital prerequisite to treatment, the diagnostic interview sets the tone for the interventions to follow. This welcome update to the formative reference includes coverage of foundational and advanced skills and strategies for effective diagnostic interviewing. Completely revised and updated to correspond to the DSM-5 and to reflect the latest innovations in theory and practice, the book offers a wealth of useful interviewing strategies and techniques. Specific interviewing approaches are discussed for diverse settings and diverse clients across a variety of presenting problems and disorders, as well as keys to ensuring that the interview process is effective and clinically sound. As with its predecessors, this volume emphasizes the value of the interview as the foundation for treatment planning, intervention, and the therapeutic relationship. Among the topics covered: Interviewing strategies, rapport, and empathy. Presenting problem, history of presenting problem, and social history. The mental status examination. Consideration of neuropsychological factors in interviewing. Specific disorders including depressive disorders, bipolar disorders, personality disorders, obsessive-compulsive and related disorders, trauma and stressor-related disorders, eating disorders, dissociative disorders, substance use disorders, and sexual disorders. Special populations, including children, older adults, and interviewing in health psychology and medical settings. Previous editions of *Diagnostic Interviewing* have been used in the training and education of diverse mental health professionals including psychologists, psychiatrists, social workers, and other clinicians such as marriage and family therapists and professional counselors. This Fifth Edition will continue this tradition, aiding students, new practitioners, and seasoned clinicians.

adult functional assessment: *Introduction to Medical-Surgical Nursing - E-Book* Adrienne Dill Linton, 2014-04-14 With just the right level of information to equip you to effectively care for adults and older adults, Linton's *Introduction to Medical-Surgical Nursing*, 5th Edition is the leading LPN/LVN text in its field. Covering both med-surg and psychiatric mental health conditions and disorders, it addresses your role in a variety of care settings, emphasizes culturally competent care and holistic nursing, and thoroughly covers all relevant NCLEX-PN Test Plan content. Abundant real-life case studies clearly show how to apply what you've learned to clinical practice. Features separate chapters on common, high-profile disorders (including hypertension, diabetes, and shock), providing an in-depth understanding for patient care. Offers foundational units on basic concepts related to the health care system, care settings, the nursing process, leadership, nutrition, the older adult, growth and nutrition, legal/ethical considerations, evidence-based nursing care, and many more essential topics, avoiding repetition later in the text Includes a separate, comprehensive unit on the older adult and related disorders — no other LPN/LVN med-surg text has as much coverage of this primary patient group. Includes a separate, comprehensive unit on psychosocial responses to illness, psychiatric disorders, and substance abuse — eliminating the need for a separate psychiatric mental health nursing text. Emphasizes content related to the NCLEX-PN Test Plan, including health promotion, nutrition, legal/ethical issues, HIPAA, and prevention of medication/medical errors. Offers in-depth pharmacology coverage: the Pharmacology Tutorial covers drug classifications, how drugs work, and nursing responsibilities; Pharmacology Capsules boxes provide medication information, precautions for use, interactions, and side/adverse effects; and Pharmacology and Medications tables in body systems chapters include classification, use/action, side/adverse effects, and nursing interventions — all with the goal of reducing medication errors on the job and equipping you to pass the NCLEX exam. Assists with assignment and supervision, helping you assign tasks to nurse assistants, patient care techs, and unlicensed assistive personnel, and making sure you understand the difference between delegation, management, supervision, and assignment of tasks on the health care team. Features Diagnostic Tests and Procedures tables for a quick reference to MRI, CT, Doppler flow, lumbar puncture tests for neurologic disorders, and much more. Highlights timely information with Health Promotion boxes, Cultural Considerations boxes, Nutrition Considerations boxes, and Complementary and Alternative Therapies boxes. Provides bulleted lists

of nursing instructions for Patient Teaching Plans, stressing the role and responsibility of the LPN/LVN to reinforce patient education. Provides consistent Nursing Care Plans that reinforce the nursing process and focus on critical thinking, and Put on Your Thinking Cap Critical Thinking boxes encourage you to pause and consider the practical implications of what you have just read.

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adult functional assessment: Blood and Marrow Transplantation Long-Term Management Bipin N. Savani, 2013-09-03 Currently more than 100,000 patients undergo blood and marrow transplantation (BMT) annually worldwide, a number which is steadily increasing. Long-term survival after BMT has improved significantly since its inception over 40 years ago, due to improved supportive care and early recognition of long-term complications. With broadening indications, more options for BMT, and improvement in survival, by 2020 there may be up to a million long-term survivors after BMT globally. Higher than average rates of second malignancies and cardiopulmonary, infectious, endocrine, and renal diseases, and bone loss or avascular necrosis amongst this population suggest that the rapidly swelling ranks of BMT survivors require more frequent screening and earlier interventions than the general population. The purpose of Blood and Marrow Transplantation Long-Term Management is to describe practical approaches to screening for and managing these late effects, with the goal of reducing preventable morbidity and mortality associated with BMT. This unique new book is the first to address the needs of the increasing population of long-term survivors after stem cell transplantation, making it a must-have resource for all oncologists, hematologists, and primary care physicians involved in the long-term management and care of BMT patients. Titles of related interest Thomas' Hematopoietic Cell Transplantation, 4th edition Appelbaum, ISBN 9781405153485 Practical Stem Cell Transplantation Cant, ISBN 9781405134019 Mollison's Blood Transfusion in Clinical Medicine, 12th edition Klein, ISBN 9781405199407

adult functional assessment: Mental Disorders and Disabilities Among Low-Income Children National Academies of Sciences, Engineering, and Medicine, Institute of Medicine, Board on Children, Youth, and Families, Board on the Health of Select Populations, Committee to Evaluate the Supplemental Security Income Disability Program for Children with Mental Disorders, 2015-10-28 Children living in poverty are more likely to have mental health problems, and their conditions are more likely to be severe. Of the approximately 1.3 million children who were recipients of Supplemental Security Income (SSI) disability benefits in 2013, about 50% were disabled primarily

due to a mental disorder. An increase in the number of children who are recipients of SSI benefits due to mental disorders has been observed through several decades of the program beginning in 1985 and continuing through 2010. Nevertheless, less than 1% of children in the United States are recipients of SSI disability benefits for a mental disorder. At the request of the Social Security Administration, Mental Disorders and Disability Among Low-Income Children compares national trends in the number of children with mental disorders with the trends in the number of children receiving benefits from the SSI program, and describes the possible factors that may contribute to any differences between the two groups. This report provides an overview of the current status of the diagnosis and treatment of mental disorders, and the levels of impairment in the U.S. population under age 18. The report focuses on 6 mental disorders, chosen due to their prevalence and the severity of disability attributed to those disorders within the SSI disability program: attention-deficit/hyperactivity disorder, oppositional defiant disorder/conduct disorder, autism spectrum disorder, intellectual disability, learning disabilities, and mood disorders. While this report is not a comprehensive discussion of these disorders, Mental Disorders and Disability Among Low-Income Children provides the best currently available information regarding demographics, diagnosis, treatment, and expectations for the disorder time course - both the natural course and under treatment.

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